

Individual Best Times (All Time)

Emma Kennedy - (489438) - Larkhall Avondale ASC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:19.93	474	F	22/05/16	Alloa May Meet	Stirling	Larkhall	2
1:20.87	458	F	04/11/15	South Lanarkshire Schools 2015	South Lanarkshire		2
1:21.10	454	F	29/11/15	Dumfries Advent Meet	Bellshill	Larkhall	2
1:21.56	446	H	09/12/16	Scottish National Short Course Championships	Edinburgh	SLanarkshire	1
1:21.61	446	F	16/06/18	Larkhall Graded Meet 2018	Larkhall	Larkhall	2
1:21.75	443	F	11/06/16	Open Age Group and Senior Meet 2016	Cumbernauld	Larkhall	2
1:22.11	438	H	28/10/17	2017 SS West District SC Senior Age Group	Grangemouth	Larkhall	1
1:22.11	438	F	28/10/17	2017 SS West District SC Senior Age Group	Grangemouth	Larkhall	1
1:22.16	437	H	31/10/15	SASA West District SAG Championships	Grangemouth	Larkhall	1
1:22.41	433		29/03/15	Falkirk Extended Mini Meet	Grangemouth	Larkhall	2
1:22.56	430	F	26/04/14	2014 Dumfries ASC Graded Meet	Dumfries	Larkhall	2
1:22.68	429	F	15/02/14	Belshill Sharks Open Meet 2014	Belshill	Larkhall	2
1:22.88	425	F	26/11/16	Dumfries Advent Open 2016	Dumfries	Larkhall	2
1:22.89	425	F	14/02/15	Sharks Open Meet	Bellshill	Larkhall	2
1:23.00	424	F	16/03/14	Cumbernauld Spring Graded Meet 2014	Tryst	Larkhall	2
1:23.36	418	F	09/11/16	South Lanarkshire Schools Swimming Championships	South Lanarkshire		2
1:23.64	414	F	18/02/17	Carnegie Open Spring Age Group Meet 2017	Glenrothes	Larkhall	2
1:24.45	402	H	01/11/14	SASA West District SAG Championships	Ayr	Larkhall	1
1:24.60	400	F	14/06/14	Cumbernauld Summer Open 2014	Cumbernauld	Larkhall	2
1:24.78	397	F	29/10/14	South Lanarkshire Schools	Larkhill		2
1:25.08	393	F	26/02/17	EKASC Accredited Time Trial 2017	Larkhall LC	Larkhall	2
1:26.68	372		17/11/12	2012 WD Short Course Championships JAG	Cumbernauld	Larkhall	1
1:26.80	370	F	16/02/13	Bellshill Sharks ASC Open Meet	Bellshill	Larkhall	2
1:27.03	367	H	02/11/13	SASA West District SC SAG	Dumfries	Larkhall	1
1:27.41	363		17/11/12	2012 WD Short Course Championships JAG	Cumbernauld	Larkhall	1
1:27.92	356	F	24/03/13	Cumbernauld Age Group Open & Senior Meet	Cumbernauld	Larkhall	2
1:28.03	355	F	09/06/13	Dumfries Open Meet	Dumfries	Larkhall	2

1:28.02	333	F	09/06/13	Dumfries Open Meet	Dumfries	Larkhall	
1:28.09	354	F	06/11/13	South Lanarkshire School Swimming Champs	Larkhall	Larkhall	2
1:28.27	352		12/05/12	SASA West District Group 3 Championships	Dumfries	Larkhall	1
1:28.56	349		12/05/12	SASA West District Group 3 Championships	Dumfries	Larkhall	1
1:30.55	326	F	17/03/12	Cumbernauld Open Age Group Meet	Cumbernauld	Larkhall	2
1:31.33	318	F	05/05/12	North Ayrshire Junior Meet	Auchenharvie	Larkhall	2

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