

Individual Best Times (All Time)

Emma Kennedy - (489438) - Larkhall Avondale ASC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
36.07	486	F	06/02/22	2022 SS West District SC Champs	Tollcross,Glasgow		2
36.56	467	H	28/08/16	2016 SASA West District SR Champs	Glasgow	Larkhall	1
36.58	466	F	12/06/16	Open Age Group and Senior Meet 2016	Cumbernauld	Larkhall	2
36.67	463	H	12/06/16	Open Age Group and Senior Meet 2016	Cumbernauld	Larkhall	2
36.90	454	F	23/02/20	East Kilbridge SC Age Group Meet 2020	Larkhall	Larkhall	2
36.91	454	H	12/12/15	Scottish National Short Course Meet	Edinburgh	SLanarkshire	1
36.91	454	H	10/12/16	Scottish National Short Course Championships	Edinburgh	SLanarkshire	1
36.99	451	F	28/08/16	2016 SASA West District SR Champs	Glasgow	Larkhall	1
37.10	447	H	19/02/17	Carnegie Open Spring Age Group Meet 2017	Glenrothes	Larkhall	2
37.11	446	F	15/02/15	Sharks Open Meet	Bellshill	Larkhall	2
37.20	443	H	27/08/17	2017 SS West District SC Sprints and Relay	Ayr		1
37.31	439	F	02/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	Larkhall	1
37.36	437	H	29/08/15	SASA West District SR Championships	Ayr	Larkhall	1
37.37	437	H	15/02/15	Sharks Open Meet	Bellshill	Larkhall	2
37.38	437	H	02/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	Larkhall	1
37.40	436	H	09/12/17	Scottish National Short Course Open Champs	Edinburgh	SLanarkshire	2
37.53	431	F	22/10/17	Alloa Graded Meet 2017	Stirling	Larkhall	2
37.55	431	H	11/06/17	Cumbernauld Age Group & Senior Meet	Cumbernauld	Larkhall	2
37.74	424	F	19/02/17	Carnegie Open Spring Age Group Meet 2017	Glenrothes	Larkhall	2
37.90	419	F	11/06/17	Cumbernauld Age Group & Senior Meet	Cumbernauld	Larkhall	2
38.02	415	F	26/02/17	EKASC Accredited Time Trial 2017	Larkhall LC	Larkhall	2
38.11	412	F	26/10/14	Alloa Graded Meet 2014	Stirling	Larkhall	2
38.27	407	H	06/09/14	2014 SASA West District SC SR Championships	Bellshill	Larkhall	2
38.31	406	H	16/02/14	Belshill Sharks Open Meet 2014	Belshill	Larkhall	2
38.36	404	F	14/06/14	Cumbernauld Summer Open 2014	Cumbernauld	Larkhall	2
38.40	403	H	14/06/14	Cumbernauld Summer Open 2014	Cumbernauld	Larkhall	2
38.43	402	F	16/02/14	Belshill Sharks Open Meet 2014	Belshill	Larkhall	2

39.43	402	F	10/02/14	Belshill Sharks Open Meet 2014	Belshill	Larkhall	
39.07	382	H	31/08/13	2013 SAS West District SC SR Champs	South Ayrshire	Larkhall	1
39.16	380	H	25/08/13	Cumbernauld Graded AG Autumn Meet	Cumbernauld	Larkhall	2
39.45	371	F	25/08/13	Cumbernauld Graded AG Autumn Meet	Cumbernauld	Larkhall	2
39.62	367	F	02/06/13	Rascals Graded Meet	Rutherglen	Larkhall	2
40.10	354	F	09/06/13	Dumfries Open Meet	Dumfries	Larkhall	2
40.12	353	H	24/03/13	Cumbernauld Age Group Open & Senior Meet	Cumbernauld	Larkhall	2
40.23	350	F	24/03/13	Cumbernauld Age Group Open & Senior Meet	Cumbernauld	Larkhall	2
40.25	350	F	28/10/12	Alloa Graded Meet	Alloa	Larkhall	2
43.99	268		04/09/11	SASA West District Group 5 Championships	Ayr	Larkhall	1
45.69	239		05/09/10	West District Group 5	Ayr	Larkhall	1

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37.31	439	F	02/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	Larkhall	1
37.38	437	H	02/09/18	2018 SS West District SC Sprints & Relay Champs	Tollcross	Larkhall	1
37.40	436	H	09/12/17	Scottish National Short Course Open Champs	Edinburgh	SLanarkshire	2
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