

Individual Best Times (All Time)

Emma Kennedy - (489438) - Larkhall Avondale ASC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:09.12	418	F	25/10/15	Alloa Graded Meet 2015	Alloa	Larkhall	2
5:09.79	416	F	11/02/18	North Ayrshire's 200 Meet	Auchenharvie		2
5:16.05	391	F	23/10/16	Alloa Graded Meet	Stirling	Larkhall	2
5:16.16	391	F	30/10/16	2016 SASA West District SC SAG Championship	Glasgow	Larkhall	1
5:21.36	372	F	21/09/14	North Ayreshire Development Meet	Auchenharvie	Larkhall	2
5:23.30	366	F	26/04/14	2014 Dumfries ASC Graded Meet	Dumfries	Larkhall	2
5:27.80	351	F	09/06/13	Dumfries Open Meet	Dumfries	Larkhall	2
5:29.80	344	F	05/05/13	North Ayrshire Junior Meet	Auchenharvie	Larkhall	2
5:42.15	308	F	06/05/12	North Ayrshire Junior Meet	Auchenharvie	Larkhall	2
5:51.05	286	F	18/03/12	Cumbernauld Open Age Group Meet	Cumbernauld	Larkhall	2

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