

# Individual Best Times (All Time)

Emma Kennedy - (489438) - Larkhall Avondale ASC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:20.64	482	F	04/11/15	South Lanarkshire Schools 2015	South Lanarkshire		2
2:21.78	470	F	24/10/15	Alloa Graded Meet 2015	Alloa	Larkhall	2
2:22.67	462	F	10/02/18	North Ayrshire's 200 Meet	Auchenharvie		2
2:22.89	460	F	06/09/15	North Ayrshire Distance Meet	Stevenston	Larkhall	2
2:23.14	457	F	29/11/15	Dumfries Advent Meet	Bellshill	Larkhall	2
2:23.20	457	F	16/06/18	Larkhall Graded Meet 2018	Larkhall	Larkhall	2
2:23.40	455	F	16/02/19	North Ayrshire 200 Meet 2019	Stevenston		2
2:24.18	447	F	22/10/16	Alloa Graded Meet	Stirling	Larkhall	2
2:26.20	429	F	09/11/16	South Lanarkshire Schools Swimming Championships	South Lanarkshire		2
2:26.56	426	F	31/08/14	North Ayrshire Distance Meet	Auchenharvie	Larkhall	2
2:27.64	417	F	18/02/17	Carnegie Open Spring Age Group Meet 2017	Glenrothes	Larkhall	2
2:29.36	402	F	25/10/14	Alloa Graded Meet 2014	Stirling	Larkhall	2
2:29.62	400	F	27/04/14	2014 Dumfries ASC Graded Meet	Dumfries	Larkhall	2
2:31.29	387	F	08/06/13	Dumfries Open Meet	Dumfries	Larkhall	2
2:34.62	363	F	04/05/13	North Ayrshire Junior Meet	Auchenharvie	Larkhall	2
2:35.25	358	F	29/10/14	South Lanarkshire Schools	Larkhall		2
2:35.92	354	F	02/11/13	SASA West District SC SAG	Dumfries	Larkhall	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:23.40	455	F	16/02/19	North Ayrshire 200 Meet 2019	Stevenston		2
2:23.20	457	F	16/06/18	Larkhall Graded Meet 2018	Larkhall	Larkhall	2
2:22.67	462	F	10/02/18	North Ayrshire's 200 Meet	Auchenharvie		2
2:27.64	417	F	18/02/17	Carnegie Open Spring Age Group Meet 2017	Glenrothes	Larkhall	2
2:26.20	429	F	09/11/16	South Lanarkshire Schools Swimming Championships	South Lanarkshire		2
2:24.18	447	F	22/10/16	Alloa Graded Meet	Stirling	Larkhall	2

2:23.14	457	F	29/11/15	Dumfries Advent Meet	Bellshill	Larkhall	2
2:20.64	482	F	04/11/15	South Lanarkshire Schools 2015	South Lanarkshire		2
2:21.78	470	F	24/10/15	Alloa Graded Meet 2015	Alloa	Larkhall	2
2:22.89	460	F	06/09/15	North Ayrshire Distance Meet	Stevenston	Larkhall	2
2:35.25	358	F	29/10/14	South Lanarkshire Schools	Larkhill		2
2:29.36	402	F	25/10/14	Alloa Graded Meet 2014	Stirling	Larkhall	2
2:26.56	426	F	31/08/14	North Ayrshire Distance Meet	Auchenharvie	Larkhall	2
2:29.62	400	F	27/04/14	2014 Dumfries ASC Graded Meet	Dumfries	Larkhall	2
2:35.92	354	F	02/11/13	SASA West District SC SAG	Dumfries	Larkhall	1
2:31.29	387	F	08/06/13	Dumfries Open Meet	Dumfries	Larkhall	2
2:34.62	363	F	04/05/13	North Ayrshire Junior Meet	Auchenharvie	Larkhall	2