

Individual Best Times (All Time)

Kyle Holmes - (486779) - Hemel Hempstead SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:35.52	461	F	16/12/17	Hillingdon Winter Short Course Open Meet 2017	Hillingdon	Hemel Hemp	3
2:37.34	445	F	22/06/18	HHSC Club Championships	Hemel Hempstead	Hemel Hemp	4
2:38.58	435	F	02/12/18	City Of St Albans Open Meet Winter 2018	St Albans	Hemel Hemp	3
2:39.01	431	H	21/10/18	Team Luton Autumn Short Course Meet 2018	Inspire Luton Sports	Hemel Hemp	3
2:39.13	430	F	07/10/18	HHSC Birthday Open	Hemel Hempstead	Hemel Hemp	3
2:40.12	422	H	27/01/18	Hertfordshire County Championships	Borehamwood	Hemel Hemp	2
2:40.40	420	H	04/11/18	Swim England East Region Short Course Championship	Luton	Hemel Hemp	2
2:41.05	415	F	02/07/17	Hemel Hempstead Club Championships	Hemel Hempstead	Hemel Hemp	4
2:41.49	411	F	26/06/16	The Terry Davies Alternative Nationals 2016	Watford	Hemel Hemp	3
2:41.94	408	H	16/12/18	Hatfield Xmas Meet Meet 2018	Hertfordshire	Hemel Hemp	3
2:42.21	406	F	16/10/16	Hemel Hempstead 103rd Birthday Open	Hertfordshire	Hemel Hemp	3
2:42.50	404	F	11/03/17	The Alternative Counties Maxwell L3 Meet	Aylesbury	Hemel Hemp	3
2:42.57	403	H	06/11/16	East Swimming 2016 SC Championships	Luton	Hemel Hemp	2
2:43.54	396	F	08/10/17	Hemel Hempstead Birthday Open	Hemel Hempstead	Hemel Hemp	3
2:43.76	395	F	26/06/16	Hemel Hempstead Club Championships	Hemel Hempstead	Hemel Hemp	4
2:44.19	391	F	21/05/16	Hemel Hempstead 5th Spring Development Meet	Hemel Hempstead	Hemel Hemp	3
2:44.32	391	F	28/01/17	Herts County Champs & Age Group Champs	Borehamwood	Hemel Hemp	2
2:44.87	387	H	29/07/17	Swindon Dolphins ASC End of Season Meet 2017	Swindon	Hemel Hemp	3
2:45.00	386	H	01/10/17	Modernian Golden Eagle Meet	Bletchley	Hemel Hemp	2
2:45.74	381	F	16/12/18	Hatfield Xmas Meet Meet 2018	Hertfordshire	Hemel Hemp	3
2:45.95	379	H	11/12/16	Team Luton 2016 Winter Development Meet	Luton	Hemel Hemp	3
2:48.18	364	F	22/11/15	Watford November County Qualifier Open Meet	Watford	Hemel Hemp	3
2:49.46	356	F	28/11/14	Hemel Hempstead Club Championships	Hemel Hempstead	Hemel Hemp	4
2:50.89	347	F	17/10/15	Hemel Hempstead 102nd Birthday Open	Hemel Hempstead	Hemel Hemp	2
2:50.90	347	F	19/01/14	Watford County Qualifier Open Meet	Watford	Hemel Hemp	3
2:52.77	336	H	28/04/13	Team Luton Spring Open Meet 2013	Luton	Hemel Hemp	3
2:53.45	332	F	10/10/14	Hemel Hempstead SC 101st Birthday Open	Hemel Hempstead	Hemel Hemp	3

2:33.43	332	F	13/10/14	Hemel Hempstead SC 101st Birthday Open	Hemel Hempstead	Hemel Hemp	3
2:53.51	332	F	15/03/14	Hertfordshire County Championships	Borehamwood	Hemel Hemp	2
2:54.26	327	F	24/11/13	Watford Middle Distance & 50m Sprint Open	Watford	Hemel Hemp	3
2:54.49	326	F	19/10/13	Hemel Hempstead 100th Birthday Open Meet	Hemel Hempstead	Hemel Hemp	3
2:56.00	318	F	23/03/13	Hertfordshire County Championships	Borehamwood	Hemel Hemp	2
2:57.51	310	F	15/12/13	Hemel Hempstead Middle Distance Meet	Hemel Hempstead	Hemel Hemp	4
2:57.65	309	H	14/12/14	Team Luton Development 2014 Meet	Luton		3
3:00.42	295	F	05/10/13	Maxwell Autumn Meet	Aylesbury	Hemel Hemp	3
3:00.77	293	F	11/12/12	Hemel Hempstead SC Middle Distance	Hemel Hempstead	Hemel Hemp	4
3:01.88	288	F	21/03/15	Hertfordshire County Championships	Borehamwood	Hemel Hemp	2
3:03.63	280	F	07/10/12	Maxwell Autumn Meet 2012	Aylsbury	Hemel Hemp	3
3:04.81	274	H	14/05/11	Hatfield UK Challenge 2011	Hatfield	Hemel Hemp	2
3:09.63	254	F	07/05/11	Guildford Regional Qualifier Warm Up Meet	Guildford	Hemel Hemp	2
3:09.88	253	F	19/03/11	Hertfordshire County Championships	Borehamwood	Hemel Hemp	2
3:12.16	244	F	26/11/11	Hatfield UKC Winter Wonderland Meet 2011	Hatfield	Hemel Hemp	3
3:17.13	226		28/03/10	Watford Easter Open Meet	Watford	Hemel Hemp	2
3:17.86	223	F	29/11/10	Hemel Hempstead Club Championships	Hemel Hempstead	Hemel Hemp	4
3:19.09	219		28/11/10	Watford Middle Distance	Watford	Hemel Hemp	2
3:23.24	206		17/10/10	Barnet Cophall 200 Meet	Barnet	Hemel Hemp	3
3:25.33	200	H	11/04/10	Luton Short Course Meet	Barnet	Hemel Hemp	2
3:26.10	198	F	13/03/10	Hertfordshire Champs	Borehamwood	Hemel Hemp	2
3:27.80	193		28/11/09	Watford Middle Distance	Watford	Hemel Hemp	2
3:28.76	190		24/01/10	Maxwell January Meet	Aylesbury	Hemel Hemp	2
3:33.02	179		31/01/10	Hemel Hempstead Club Champ	Hemel Hempstead	Hemel Hemp	4
3:42.33	157		18/10/09	Barnet Cophall 200 Meet	Barnet	Hemel Hemp	3
3:51.76	139		07/03/09	Hertfordshire Champs	Borehamwood	Hemel Hemp	2
4:05.94	116		06/12/08	Guildford City Qualifier	Guildford	Hemel Hemp	2
4:24.94	93		18/01/09	Hemel Hempstead Club Chmp	Hemel Hempstead	Hemel Hemp	4

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