

Individual Best Times (All Time)

Regan Lloyd - (486634) - Dartmoor Darts Aquatic - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
49.55	741	F	06/12/19	Swim England National Winter Championships (25m)	Sheffield	teamipswich	2
49.80	729	H	06/12/19	Swim England National Winter Championships (25m)	Sheffield	teamipswich	2
49.91	725	F	03/11/19	Swim England East Region Short Course Champs 2019	Basildon	teamipswich	2
50.12	716	F	14/12/19	NASL London Round 3	Inspire, Luton	teamipswich	2
50.14	715	H	15/12/18	SE Winter Championships 2018	Sheffield	teamipswich	2
50.17	713	F	04/11/18	Swim England East Region Short Course Championship	Luton	teamipswich	2
50.29	708	C	10/12/21	Scottish National Winter SC Championships	Edinburgh		2
50.47	701	F	08/12/18	The NASL - London - Rounds 2018 - Premier Division	Luton	teamipswich	2
50.60	695	H	25/01/20	Suffolk ASA County Championships 2020	Ipswich	teamipswich	2
50.60	695	H	25/01/20	Suffolk ASA County Championships 2019	Ipswich	teamipswich	2
50.70	691	F	09/11/19	NASL London Round 2	Becontree	teamipswich	2
50.72	690	H	18/12/15	ASA Winter Meet	Sheffield	teamipswich	2
50.75	689	F	20/11/21	Guildford City SC L2 Winter Open Meet	Surrey		2
50.76	689	F	10/11/18	The NASL - London - Rounds 2018 - Premier Division	Luton	teamipswich	2
50.77	688	F	06/11/16	East Swimming 2016 SC Championships	Luton	teamipswich	2
50.86	685	H	10/12/21	Scottish National Winter SC Championships	Edinburgh		2
50.91	683	F	20/11/21	Guildford City SC L2 Winter Open Meet	Surrey		2
50.92	682	H	06/11/16	East Swimming 2016 SC Championships	Luton	teamipswich	2
50.95	681	H	04/11/18	Swim England East Region Short Course Championship	Luton	teamipswich	2
51.12	674	H	09/12/22	Scottish National Short Course Meet 2022	Edinburgh		2
51.13	674	F	24/02/19	Suffolk County Championships 2019	Ipswich	teamipswich	2
51.15	673	F	12/10/19	NASL London Round 1	Woodside, Watford	teamipswich	2
51.17	672	H	03/11/19	Swim England East Region Short Course Champs 2019	Basildon	teamipswich	2
51.21	671	H	08/11/15	ASA East Region Winter Championships 2015	Luton		2
51.23	670	F	25/01/20	Suffolk ASA County Championships 2020	Ipswich	teamipswich	2
51.23	670	F	25/01/20	Suffolk ASA County Championships 2019	Ipswich	teamipswich	2
51.23	670	F	06/11/20	SE East Region Short Course Championships 2020	Luton	teamipswich	2

51.23	670	F	08/11/22	SE East Region Short Course Championships 2022	Luton	teamipswich	2
51.25	669	F	08/11/15	ASA East Region Winter Championships 2015	Luton		2
51.27	668	F	09/12/17	NASL - London Rounds 2017 - Premier Division	Luton	teamipswich	2
51.28	668	F	12/11/16	NASL London	Hatfield	teamipswich	3
51.31	667		20/10/17	Hamilton Short Course Meet	Dubai	teamipswich	3
51.32	667	F	09/12/23	National Arena Swimming League East Mids R3 2023	Norwich		2
51.43	662	H	06/11/22	SE East Region Short Course Championships 2022	Luton	teamipswich	2
51.49	660	H	16/12/16	ASA Winter Meet 2016	Sheffield	teamipswich	2
51.50	660	H	07/10/23	Cambridge Grand Prix 2023	Cambridge	Co Cambridge	2
51.62	655	F	20/03/16	Teamipswich March Open 2016	Ipswich	teamipswich	3
51.73	651	F	05/02/17	Suffolk County ASA Championships 2017	Ipswich	teamipswich	2
51.79	649	F	22/11/15	Teamipswich November Open 2015	Ipswich	teamipswich	3
51.80	648	F	10/12/16	NASL London	Luton	teamipswich	3
51.82	647	H	11/02/18	Suffolk County Championships 2018	Ipswich	teamipswich	2
51.83	647	F	05/02/17	Suffolk County ASA Championships 2017	Ipswich	teamipswich	2
51.95	643	H	24/02/19	Suffolk County Championships 2019	Ipswich	teamipswich	2
51.96	642	F	07/12/14	ASA East Region Winter Championships	Luton		2
51.97	642	F	13/10/18	The NASL - London - Rounds 2018 - Premier Division	Dagenham	teamipswich	2
52.03	640	F	07/10/23	Cambridge Grand Prix 2023	Cambridge	Co Cambridge	2
52.04	639	F	14/02/16	Suffolk County Championships 2016	Ipswich	teamipswich	2
52.05	639	H	08/03/15	Suffolk County Championships	Ipswich	teamipswich	2
52.06	638	H	07/12/14	ASA East Region Winter Championships	Luton		2
52.06	638	F	14/02/16	Suffolk County Championships 2016	Ipswich	teamipswich	2
52.16	635	F	08/03/15	Suffolk County Championships	Ipswich	teamipswich	2
52.20	633	F	11/02/18	Suffolk County Championships 2018	Ipswich	teamipswich	2
52.24	632	F	11/11/17	NASL - London Rounds 2017 - Premier Division	Harlow	teamipswich	2
52.29	630	F	21/09/19	Teamipswich Club Championships 2019	Ipswich	teamipswich	4
52.44	625	F	10/10/15	National Arena League-London Premier Div-Round123	Hatfield	teamipswich	2
52.44	625	F	18/11/18	Teamipswich November Open 2018	Ipswich	teamipswich	3
52.45	624	F	19/11/17	Teamipswich November Open 2017	Ipswich	teamipswich	3
52.46	624	F	12/12/15	National Arena League-London Premier Div-Round123	Watford	teamipswich	2
52.54	621	F	09/07/17	TeamipswichJuly Surprize Meet 2017	Ipswich	teamipswich	3
52.58	620	F	11/03/13	Suffolk County Championships	Ipswich	teamipswich	2
52.65	617	F	14/10/17	NASL - London Rounds 2017 - Premier Division	Becontree	teamipswich	2
52.77	613	F	18/03/17	Teamipswich March Open 2017	Ipswich	teamipswich	3
52.91	608	F	08/10/16	NASL London	Harlow	teamipswich	3
53.05	603	F	08/07/18	Teamipswich July Surprize Meet 2018	Ipswich	teamipswich	3
53.12	601	F	26/09/15	Teamipswich Club Championships 2015	Ipswich	teamipswich	4
53.18	599	F	24/09/16	Teamipswich Club Championships	Ipswich	teamipswich	4
53.21	598	H	19/10/14	BG ASA National County Team Division 2	Sheffield		2
53.21	598	F	22/09/18	Teamipswich Club Championships 2018	Ipswich	teamipswich	4
53.41	591	F	09/03/14	Suffolk County ASA County Championships	Ipswich	teamipswich	2
53.44	590	F	17/11/12	Teamipswich Club Championships	Ipswich	teamipswich	4
53.66	583	F	12/07/15	Teamipswich July Surprize Open 2015	Ipswich	teamipswich	3
53.76	580	F	11/03/13	Suffolk County Championships	Ipswich	teamipswich	2
53.79	579	F	23/09/17	Teamipswich Club Championships	Ipswich	teamipswich	4
53.84	577	F	19/01/14	Teamipswich January Last Chance Meet	Ipswich	teamipswich	3
53.93	574	F	11/03/12	Suffolk County Championships	Newmarket	teamipswich	2
53.93	574	F	09/03/14	Suffolk County ASA County Championships	Ipswich	teamipswich	2
53.97	573	H	20/10/13	BG ASA National County Team Division 2	Sheffield	teamipswich	2
54.08	570	F	01/12/12	ASA East Region Winter Championships	Cambridge	teamipswich	2
54.13	568	F	22/11/14	Teamipswich Club Championships	Ipswich	teamipswich	4
54.35	561	H	11/03/12	Suffolk County Championships	Newmarket	teamipswich	2
54.50	556	H	01/12/12	ASA East Region Winter Championships	Cambridge	teamipswich	2

54.51	556	H	05/10/13	Derventio Excel 3rd SC Open Meet	Matlock	teamipswich	2
54.64	552	H	14/01/12	teamipswich Swimming New Year Opener	Ipswich	teamipswich	4
54.70	550	F	28/09/14	Teamipswich SC Early Season Open Meet	Ipswich	teamipswich	3
54.74	549		06/03/11	Suffolk County Championships	Ipswich	teamipswich	2
54.93	543	H	03/12/11	BG East Region Winter Championships	Norwich	teamipswich	2
55.18	536		26/11/11	Teamipswich Club Championships	Ipswich	teamipswich	4
55.39	530	F	23/11/13	Teamipswich Club Championships	Ipswich	teamipswich	4
55.52	526		06/03/11	Suffolk County Championships	Ipswich	teamipswich	2
55.68	522	H	03/07/11	East Region Inter Counties Gala	Peterborough	teamipswich	3
56.73	493	H	11/07/10	Teamipswich Summer Sprint	Ipswich	teamipswich	3
56.73	493	H	17/10/10	ASA National Team Div 1	Sheffield	teamipswich	2
56.75	493	H	06/11/10	East Region Winter Champs	Norwich	teamipswich	2
57.11	484		07/03/10	Suffolk County Champs	Ipswich	teamipswich	2
57.12	483	H	23/10/10	teamipswich 25th Open Meet	Ipswich	teamipswich	2
57.32	478		07/03/10	Suffolk County Champs	Ipswich	teamipswich	2
59.55	426	H	01/11/09	teamipswich Junior Open	Ipswich	teamipswich	2
1:00.32	410	H	12/07/09	teamipswich Summer Sprints	Ipswich	teamipswich	3
1:00.96	397	H	04/10/09	East vs East Midlands Regs	Cambridge	teamipswich	2
1:03.95	344		15/03/09	Suffolk County Champs	Ipswich	teamipswich	2
1:04.53	335		15/03/09	Suffolk County Champs	Ipswich	teamipswich	2
1:05.03	327		21/02/09	Hatfield UKC Valentine Mt	Hertfordshire Sports	teamipswich	2
1:07.54	292		07/12/08	Deben Open Meet	Deben	teamipswich	4
1:16.63	200	H	13/07/08	teamipswich Summer Sprint	Ipswich	teamipswich	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
51.32	667	F	09/12/23	National Arena Swimming League East Mids R3 2023	Norwich		2
52.03	640	F	07/10/23	Cambridge Grand Prix 2023	Cambridge	Co Cambridge	2
51.50	660	H	07/10/23	Cambridge Grand Prix 2023	Cambridge	Co Cambridge	2
51.12	674	H	09/12/22	Scottish National Short Course Meet 2022	Edinburgh		2
51.23	670	F	06/11/22	SE East Region Short Course Championships 2022	Luton	teamipswich	2
51.43	662	H	06/11/22	SE East Region Short Course Championships 2022	Luton	teamipswich	2
50.29	708	C	10/12/21	Scottish National Winter SC Championships	Edinburgh		2
50.86	685	H	10/12/21	Scottish National Winter SC Championships	Edinburgh		2
50.75	689	F	20/11/21	Guildford City SC L2 Winter Open Meet	Surrey		2
50.91	683	F	20/11/21	Guildford City SC L2 Winter Open Meet	Surrey		2
51.23	670	F	25/01/20	Suffolk ASA County Championships 2020	Ipswich	teamipswich	2
51.23	670	F	25/01/20	Suffolk ASA County Championships 2019	Ipswich	teamipswich	2
50.60	695	H	25/01/20	Suffolk ASA County Championships 2020	Ipswich	teamipswich	2
50.60	695	H	25/01/20	Suffolk ASA County Championships 2019	Ipswich	teamipswich	2
50.12	716	F	14/12/19	NASL London Round 3	Inspire, Luton	teamipswich	2
49.55	741	F	06/12/19	Swim England National Winter Championships (25m)	Sheffield	teamipswich	2
49.80	729	H	06/12/19	Swim England National Winter Championships (25m)	Sheffield	teamipswich	2
50.70	691	F	09/11/19	NASL London Round 2	Becontree	teamipswich	2
49.91	725	F	03/11/19	Swim England East Region Short Course Champs 2019	Basildon	teamipswich	2
51.17	672	H	03/11/19	Swim England East Region Short Course Champs 2019	Basildon	teamipswich	2
51.15	673	F	12/10/19	NASL London Round 1	Woodside, Watford	teamipswich	2
52.29	630	F	21/09/19	Teamipswich Club Championships 2019	Ipswich	teamipswich	4
51.13	674	F	24/02/19	Suffolk County Championships 2019	Ipswich	teamipswich	2
51.95	643	H	24/02/19	Suffolk County Championships 2019	Ipswich	teamipswich	2
50.14	715	H	15/12/18	SE Winter Championships 2018	Sheffield	teamipswich	2
50.47	701	F	08/12/18	The NASL - London - Rounds 2018 - Premier Division	Luton	teamipswich	2
52.44	625	F	18/11/18	Teamipswich November Open 2018	Ipswich	teamipswich	3

50.76	689	F	10/11/18	The NASL - London - Rounds 2018 - Premier Division	Luton	teamipswich	2
50.17	713	F	04/11/18	Swim England East Region Short Course Championship	Luton	teamipswich	2
50.95	681	H	04/11/18	Swim England East Region Short Course Championship	Luton	teamipswich	2
51.97	642	F	13/10/18	The NASL - London - Rounds 2018 - Premier Division	Dagenham	teamipswich	2
53.21	598	F	22/09/18	Teamipswich Club Championships 2018	Ipswich	teamipswich	4
53.05	603	F	08/07/18	Teamipswich July Surprize Meet 2018	Ipswich	teamipswich	3
52.20	633	F	11/02/18	Suffolk County Championships 2018	Ipswich	teamipswich	2
51.82	647	H	11/02/18	Suffolk County Championships 2018	Ipswich	teamipswich	2
51.27	668	F	09/12/17	NASL - London Rounds 2017 - Premier Division	Luton	teamipswich	2
52.45	624	F	19/11/17	Teamipswich November Open 2017	Ipswich	teamipswich	3
52.24	632	F	11/11/17	NASL - London Rounds 2017 - Premier Division	Harlow	teamipswich	2
51.31	667		20/10/17	Hamilton Short Course Meet	Dubai	teamipswich	3
52.65	617	F	14/10/17	NASL - London Rounds 2017 - Premier Division	Becontree	teamipswich	2
53.79	579	F	23/09/17	Teamipswich Club Championships	Ipswich	teamipswich	4
52.54	621	F	09/07/17	TeamipswichJuly Surprize Meet 2017	Ipswich	teamipswich	3
52.77	613	F	18/03/17	Teamipswich March Open 2017	Ipswich	teamipswich	3
51.73	651	F	05/02/17	Suffolk County ASA Championships 2017	Ipswich	teamipswich	2
51.83	647	F	05/02/17	Suffolk County ASA Championships 2017	Ipswich	teamipswich	2
51.49	660	H	16/12/16	ASA Winter Meet 2016	Sheffield	teamipswich	2
51.80	648	F	10/12/16	NASL London	Luton	teamipswich	3
51.28	668	F	12/11/16	NASL London	Hatfield	teamipswich	3
50.77	688	F	06/11/16	East Swimming 2016 SC Championships	Luton	teamipswich	2
50.92	682	H	06/11/16	East Swimming 2016 SC Championships	Luton	teamipswich	2
52.91	608	F	08/10/16	NASL London	Harlow	teamipswich	3
53.18	599	F	24/09/16	Teamipswich Club Championships	Ipswich	teamipswich	4
51.62	655	F	20/03/16	Teamipswich March Open 2016	Ipswich	teamipswich	3
52.04	639	F	14/02/16	Suffolk County Championships 2016	Ipswich	teamipswich	2
52.06	638	F	14/02/16	Suffolk County Championships 2016	Ipswich	teamipswich	2
50.72	690	H	18/12/15	ASA Winter Meet	Sheffield	teamipswich	2
52.46	624	F	12/12/15	National Arena League-London Premier Div-Round123	Watford	teamipswich	2
51.79	649	F	22/11/15	Teamipswich November Open 2015	Ipswich	teamipswich	3
51.25	669	F	08/11/15	ASA East Region Winter Championships 2015	Luton	teamipswich	2
51.21	671	H	08/11/15	ASA East Region Winter Championships 2015	Luton	teamipswich	2
52.44	625	F	10/10/15	National Arena League-London Premier Div-Round123	Hatfield	teamipswich	2
53.12	601	F	26/09/15	Teamipswich Club Championships 2015	Ipswich	teamipswich	4
53.66	583	F	12/07/15	Teamipswich July Surprize Open 2015	Ipswich	teamipswich	3
52.16	635	F	08/03/15	Suffolk County Championships	Ipswich	teamipswich	2
52.05	639	H	08/03/15	Suffolk County Championships	Ipswich	teamipswich	2
51.96	642	F	07/12/14	ASA East Region Winter Championships	Luton	teamipswich	2
52.06	638	H	07/12/14	ASA East Region Winter Championships	Luton	teamipswich	2
54.13	568	F	22/11/14	Teamipswich Club Championships	Ipswich	teamipswich	4
53.21	598	H	19/10/14	BG ASA National County Team Division 2	Sheffield	teamipswich	2
54.70	550	F	28/09/14	Teamipswich SC Early Season Open Meet	Ipswich	teamipswich	3
53.41	591	F	09/03/14	Suffolk County ASA County Championships	Ipswich	teamipswich	2
53.93	574	F	09/03/14	Suffolk County ASA County Championships	Ipswich	teamipswich	2
53.84	577	F	19/01/14	Teamipswich January Last Chance Meet	Ipswich	teamipswich	3
55.39	530	F	23/11/13	Teamipswich Club Championships	Ipswich	teamipswich	4
53.97	573	H	20/10/13	BG ASA National County Team Division 2	Sheffield	teamipswich	2
54.51	556	H	05/10/13	Derwentio Excel 3rd SC Open Meet	Matlock	teamipswich	2
52.58	620	F	11/03/13	Suffolk County Championships	Ipswich	teamipswich	2
53.76	580	F	11/03/13	Suffolk County Championships	Ipswich	teamipswich	2
54.08	570	F	01/12/12	ASA East Region Winter Championships	Cambridge	teamipswich	2
54.50	556	H	01/12/12	ASA East Region Winter Championships	Cambridge	teamipswich	2
53.44	590	F	17/11/12	Teamipswich Club Championships	Ipswich	teamipswich	4

53.77	559		11/03/12	Teamipswich Club Championships	Ipswich	teamipswich	
53.93	574	F	11/03/12	Suffolk County Championships	Newmarket	teamipswich	2
54.35	561	H	11/03/12	Suffolk County Championships	Newmarket	teamipswich	2
54.64	552	H	14/01/12	teamipswich Swimming New Year Opener	Ipswich	teamipswich	4
54.93	543	H	03/12/11	BG East Region Winter Championships	Norwich	teamipswich	2
55.18	536		26/11/11	Teamipswich Club Championships	Ipswich	teamipswich	4
55.68	522	H	03/07/11	East Region Inter Counties Gala	Peterborough	teamipswich	3
54.74	549		06/03/11	Suffolk County Championships	Ipswich	teamipswich	2
55.52	526		06/03/11	Suffolk County Championships	Ipswich	teamipswich	2
56.75	493	H	06/11/10	East Region Winter Champs	Norwich	teamipswich	2
57.12	483	H	23/10/10	teamipswich 25th Open Meet	Ipswich	teamipswich	2
56.73	493	H	17/10/10	ASA National Team Div 1	Sheffield	teamipswich	2
56.73	493	H	11/07/10	Teamipswich Summer Sprint	Ipswich	teamipswich	3
57.11	484		07/03/10	Suffolk County Champs	Ipswich	teamipswich	2
57.32	478		07/03/10	Suffolk County Champs	Ipswich	teamipswich	2
59.55	426	H	01/11/09	teamipswich Junior Open	Ipswich	teamipswich	2
1:00.96	397	H	04/10/09	East vs East Midlands Regs	Cambridge	teamipswich	2
1:00.32	410	H	12/07/09	teamipswich Summer Sprints	Ipswich	teamipswich	3
1:03.95	344		15/03/09	Suffolk County Champs	Ipswich	teamipswich	2
1:04.53	335		15/03/09	Suffolk County Champs	Ipswich	teamipswich	2
1:05.03	327		21/02/09	Hatfield UKC Valentine Mt	Hertfordshire Sports	teamipswich	2
1:07.54	292		07/12/08	Deben Open Meet	Deben	teamipswich	4
1:16.63	200	H	13/07/08	teamipswich Summer Sprint	Ipswich	teamipswich	3