Individual Best Times (All Time)

Chantal Smith - (486165) - University Of Stirling - 400 Freestyle - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Leve |
|----------------------|--------|-------|----------|---|-------------|-----------------|--------|
| 4:29.28 | 633 | F | 17/12/17 | 1st Christmas Cracker Open Meet | Biggleswade | Team Luton | 3 |
| 4:29.71 | 630 | Н | 08/12/18 | Scottish National Short Course Open Swimming | Edinburgh | UniOfStirl | 2 |
| 4:29.87 | 629 | Н | 08/11/15 | ASA East Region Winter Championships 2015 | Luton | | 2 |
| 4:30.04 | 628 | | 11/11/18 | BUCS Short Course Swimming Championships 2018 | Sheffield | | 2 |
| 4:30.04 | 628 | Н | 11/11/18 | BUCS Short Course Swimming Championships 2018 | Sheffield | | 2 |
| 4:30.90 | 622 | Н | 06/11/16 | East Swimming 2016 SC Championships | Luton | Team Luton | 2 |
| 4:31.99 | 614 | F | 04/11/18 | North District Open Championships 2018 | Aberdeen | UniOfStirl | 2 |
| 4:33.02 | 608 | Н | 25/09/16 | Team Luton September Short Course Meet | Luton | Team Luton | 2 |
| 4:33.13 | 607 | Н | 13/12/15 | Team Luton Winter Development Meet | Luton | | 3 |
| 4:33.21 | 606 | Н | 24/10/15 | Team Luton Autumn Short Course Meet | Luton | | 3 |
| 4:33.99 | 601 | Н | 14/12/19 | Scottish National Short Course Championships | Edinburgh | UniOfStirl | 2 |
| 4:35.71 | 590 | Н | 04/11/18 | North District Open Championships 2018 | Aberdeen | | 2 |
| 4:36.34 | 586 | Н | 17/11/19 | BUCS Short Course Swimming Championships 2019 | Sheffield | | 2 |
| 4:38.19 | 574 | Н | 22/03/14 | Bedfordshire Age Group & County Champs | Luton | Team Luton | 2 |
| 4:38.57 | 572 | F | 11/05/14 | Mid Beds Swim Squad L2 Open Meet | Biggleswade | Team Luton | 2 |
| 4:38.90 | 570 | Н | 06/12/14 | ASA East Region Winter Championships | Luton | | 2 |
| 4:40.89 | 558 | Н | 10/09/16 | Team Luton Club Championships 2016 17 | Luton | Team Luton | 4 |
| 4:42.23 | 550 | Н | 25/10/14 | Flitwick Dolphins Open Meet | Biggleswade | | 3 |
| 4:42.35 | 549 | Н | 22/11/15 | Golden Eagle Meet 2015 | Bletchley | | 2 |
| 4:42.97 | 546 | Н | 15/11/14 | Team Luton Autumn Short Course Meet | Luton | | 2 |
| 4:44.09 | 539 | Н | 02/10/15 | Cambridge L2 Regional & National SC Qualifier | Cambridge | | 2 |
| 4:44.64 | 536 | Н | 17/05/14 | Team Luton SC Club Championships | Luton | Team Luton | 4 |
| 4:45.54 | 531 | F | 18/01/14 | Biggleswade SC 15th Open Meet | Biggleswade | Team Luton | 3 |
| 4:49.48 | 510 | F | 06/10/13 | Maxwell Autumn Meet | Aylesbury | Team Luton | 3 |
| 4:50.13 | 506 | Н | 19/09/15 | Team Luton Club Championships 2015 2016 | Luton | | 3 |
| 5:09.73 | 416 | Н | 16/03/13 | Bedfordshire County Championships | Luton | Team Luton | 2 |
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| 4:44.09 | 539 | Н | 02/10/15 | Cambridge L2 Regional & National SC Qualifier | Cambridge | | 2 |
| 4:50.13 | 506 | Н | 19/09/15 | Team Luton Club Championships 2015 2016 | Luton | | 3 |
| 4:38.90 | 570 | Н | 06/12/14 | ASA East Region Winter Championships | Luton | | 2 |
| 4:42.97 | 546 | Н | 15/11/14 | Team Luton Autumn Short Course Meet | Luton | | 2 |
| 4:42.23 | 550 | Н | 25/10/14 | Flitwick Dolphins Open Meet | Biggleswade | | 3 |
| 4:44.64 | 536 | Н | 17/05/14 | Team Luton SC Club Championships | Luton | Team Luton | 4 |
| 4:38.57 | 572 | F | 11/05/14 | Mid Beds Swim Squad L2 Open Meet | Biggleswade | Team Luton | 2 |
| 4:38.19 | 574 | Н | 22/03/14 | Bedfordshire Age Group & County Champs | Luton | Team Luton | 2 |
| 4:45.54 | 531 | F | 18/01/14 | Biggleswade SC 15th Open Meet | Biggleswade | Team Luton | 3 |
| 4:49.48 | 510 | F | 06/10/13 | Maxwell Autumn Meet | Aylesbury | Team Luton | 3 |
| 5:09.73 | 416 | Н | 16/03/13 | Bedfordshire County Championships | Luton | Team Luton | 2 |
| 5:16.58 | 390 | Н | 27/10/12 | Flitwick Dolphins Open Meet | Flitwick | Team Luton | 3 |

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