

Individual Best Times (All Time)

Emily Howes - (485159) - Folkestone SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:24.59	284	H	04/07/14	Folkestone Club Championships	Folkestone	Folkestone	4
3:26.75	275	H	27/11/15	Folkestone Sports Centre SC Club Championships	Folkestone	Folkestone	4
3:31.85	256	H	29/06/18	Folkestone Sports Centre Club Championships 2018	Folkestone		4
3:35.71	242	H	18/05/13	East Invicta ASA Development Gala 2013	Dover	Folkestone	4
3:37.46	236	H	15/09/12	1066 Club Championships	Eastbourne	Folkestone	4
3:37.59	236	F	29/12/12	City of Canterbury Christmas Open Meet	Canterbury	Folkestone	3
3:37.96	235	H	25/11/16	Folkestone Club Championships	Folkestone	Folkestone	4
3:58.48	179	H	22/10/11	1066 Swimmers Club Championships	Hastings	Folkestone	4

Swims in Date Order

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