

# Individual Best Times (All Time)

Emily Howes - (485159) - Folkestone SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
41.66	315	H	06/12/15	Whitecliffs Winter Wonderland	Dover		3
41.68	315	H	14/11/16	Folkestone Club Championships	Folkestone	Folkestone	4
41.75	313	H	09/11/15	Folkestone Club Championships	Folkestone	Folkestone	4
42.67	293	F	29/12/13	City of Canterbury SC Christmas Open Gala	Canterbury	Folkestone	3
42.79	291	H	13/11/17	Folkestone Sports Centre Club Championships	Folkestone		4
43.81	271	H	18/05/13	East Invicta ASA Development Gala 2013	Dover	Folkestone	4
44.02	267	F	29/12/12	City of Canterbury Christmas Open Meet	Canterbury	Folkestone	3
44.11	266	F	27/04/13	Canterbury Medley Madness Spring Open Gala	Canterbury	Folkestone	3
45.13	248	H	04/05/13	Black Lion SC Level 3 Spring Open Meet	Gillingham	Folkestone	3
46.31	229	H	21/04/12	Black Lion SC Level 3 Spring Open Meet	Gillingham	Folkestone	3
46.32	229	H	24/06/12	Dover Lifeguard WhiteCliffs Invitation	Dover	Folkestone	4
48.00	206	H	26/11/11	Kent County Development Meet	Gillingham	Folkestone	4
48.70	197		03/06/12	Bognor Regis SC Vanessa Knight Open	Feltham	Folkestone	4
50.49	177	H	17/09/11	1066 Swimmers Club Championships	Various	Folkestone	4
52.45	158	H	25/06/11	White Cliffs Invitation Meet	Dover	Folkestone	4

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