

Individual Best Times (All Time)

Luke Sugden - (481731) - Hatfield SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:02.78	668	H	02/12/17	HATFIELD XMAS MEET 2017	HERTFORDSHIRE	Hatfield	3
4:04.55	653	H	15/12/18	Hatfield Xmas Meet Meet 2018	Hertfordshire	Hatfield	3
4:04.87	651	H	21/10/18	Manchester International Swim Meet (MISM) 2018	Manchester	Hatfield	2
4:05.10	649	H	24/06/17	Hatfield Summer Meet 2017	Hatfield	Hatfield	2
4:05.49	646	H	03/02/18	Hertfordshire County Championships 2018	Borehamwood	Hatfield	2
4:06.29	640	F	17/12/16	Hatfield Christmas Gala	Hatfield	Hatfield	3
4:07.92	627	H	23/06/18	Hatfield Summer Meet 2018	Herts Sports Village	Hatfield	2
4:07.94	627	H	05/11/16	East Swimming 2016 SC Championships	Luton	Hatfield	2
4:08.64	622	H	03/11/18	Swim England East Region Short Course Championship	Luton	Hatfield	2
4:11.53	600	H	07/11/15	ASA East Region Winter Championships 2015	Luton		2
4:15.96	570	F	22/03/15	Hertfordshire County Championships	Borehamwood	Hatfield	2
4:22.83	526	H	07/12/14	ASA East Region Winter Championships	Luton		2
4:24.21	518	H	16/11/14	Team Luton Autumn Short Course Meet	Luton		2
4:33.36	468	F	16/03/14	Hertfordshire County Championships	Borehamwood	Hatfield	2
4:38.05	444	F	02/11/13	Ealing Level 3 November Meet	Northolt	Hatfield	3
5:06.38	332		21/10/12	Romford Town SC 6th SC Open Meet	Romford	Hatfield	3
5:11.15	317	F	25/03/12	Hertfordshire ASA County Championships	Borehamwood	Hatfield	2
5:22.19	285	F	10/07/11	Watford SC Alternative Nationals Open	Watford	Hatfield	3
5:25.12	278	F	20/03/11	Hertfordshire County Championships	Borehamwood	Hatfield	2
5:55.27	213		07/11/10	Romford Town 3th Open Meet	Enfield	Hatfield	3

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