Individual Best Times (All Time)

Luke Sugden - (481731) - Hatfield SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level			
668	Н	02/12/17	HATFIELD XMAS MEET 2017	HERTFORDSHIRE	Hatfield	3			
653	Н	15/12/18	Hatfield Xmas Meet Meet 2018	Hertfordshire	Hatfield	3			
651	Н	21/10/18	Manchester International Swim Meet (MISM) 2018	Manchester	Hatfield	2			
649	Н	24/06/17	Hatfield Summer Meet 2017	Hatfield	Hatfield	2			
646	Н	03/02/18	Hertfordshire County Championships 2018	Borehamwood	Hatfield	2			
640	F	17/12/16	Hatfield Christmas Gala	Hatfield	Hatfield	3			
627	Н	23/06/18	Hatfield Summer Meet 2018	Herts Sports Village	Hatfield	2			
627	Н	05/11/16	East Swimming 2016 SC Championships	Luton	Hatfield	2			
622	Н	03/11/18	Swim England East Region Short Course Championship	Luton	Hatfield	2			
600	Н	07/11/15	ASA East Region Winter Championships 2015	Luton		2			
570	F	22/03/15	Hertfordshire County Championships	Borehamwood	Hatfield	2			
526	Н	07/12/14	ASA East Region Winter Championships	Luton		2			
518	Н	16/11/14	Team Luton Autumn Short Course Meet	Luton		2			
468	F	16/03/14	Hertfordshire County Championships	Borehamwood	Hatfield	2			
444	F	02/11/13	Ealing Level 3 November Meet	Northolt	Hatfield	3			
332		21/10/12	Romford Town SC 6th SC Open Meet	Romford	Hatfield	3			
317	F	25/03/12	Hertfordshire ASA County Championships	Borehamwood	Hatfield	2			
285	F	10/07/11	Watford SC Alternative Nationals Open	Watford	Hatfield	3			
278	F	20/03/11	Hertfordshire County Championships	Borehamwood	Hatfield	2			
213		07/11/10	Romford Town 3th Open Meet	Enfield	Hatfield	3			
	668 653 651 649 646 640 627 627 622 600 570 526 518 468 444 332 317 285 278	668 H 653 H 651 H 649 H 646 H 647 H 648 F 627 H 627 H 622 H 600 H 570 F 526 H 518 H 468 F 444 F 332 317 217 F 285 F 278 F	668 H 02/12/17 653 H 15/12/18 651 H 21/10/18 649 H 24/06/17 646 H 03/02/18 640 F 17/12/16 627 H 23/06/18 627 H 05/11/16 622 H 03/11/18 600 H 07/11/15 570 F 22/03/15 526 H 07/12/14 518 H 16/11/14 468 F 16/03/14 444 F 02/11/13 332 21/10/12 21/10/12 317 F 25/03/12 285 F 10/07/11 278 F 20/03/11	668H02/12/17HATFIELD XMAS MEET 2017653H15/12/18Hatfield Xmas Meet Meet 2018651H21/10/18Manchester International Swim Meet (MISM) 2018649H24/06/17Hatfield Summer Meet 2017646H03/02/18Hertfordshire County Championships 2018640F17/12/16Hatfield Christmas Gala627H23/06/18Hatfield Summer Meet 2018627H05/11/16East Swimming 2016 SC Championships622H03/11/18Swim England East Region Short Course Championship600H07/11/15ASA East Region Winter Championships 2015570F22/03/15Hertfordshire County Championships526H07/12/14ASA East Region Winter Championships518H16/11/14Team Luton Autumn Short Course Meet468F16/03/14Hertfordshire County Championships518H02/11/13Ealing Level 3 November Meet33221/10/12Romford Town SC 6th SC Open Meet317F25/03/12Hertfordshire ASA County Championships285F10/07/11Watford SC Alternative Nationals Open278F20/03/11Hertfordshire County Championships	668H02/12/17HATFIELD XMAS MEET 2017HERTFORDSHIRE653H15/12/18Hatfield Xmas Meet Meet 2018Hertfordshire651H21/10/18Manchester International Swim Meet (MISM) 2018Manchester649H24/06/17Hatfield Summer Meet 2017Hatfield646H03/02/18Hertfordshire County Championships 2018Borehamwood640F17/12/16Hatfield Christmas GalaHatfield627H23/06/18Hatfield Summer Meet 2018Herts Sports Village627H05/11/16East Swimming 2016 SC ChampionshipsLuton622H03/11/18Swim England East Region Short Course ChampionshipLuton600H07/11/15ASA East Region Winter Championships 2015Luton618H16/03/14Hertfordshire County ChampionshipsBorehamwood526H07/12/14ASA East Region Winter ChampionshipsLuton518H16/03/14Hertfordshire County ChampionshipsLuton468F16/03/14Hertfordshire County ChampionshipsBorehamwood444F02/11/13Ealing Level 3 November MeetNortholt33221/10/12Romford Town SC 6th SC Open MeetRomford317F25/03/12Hertfordshire ASA County ChampionshipsBorehamwood285F10/07/11Watford SC Alternative Nationals OpenWatford278F20/03/11Hertfordshire County Championships <td< td=""><td>668H02/12/17HATFIELD XMAS MEET 2017HERTFORDSHIREHatfield653H15/12/18Hatfield Xmas Meet Meet 2018HertfordshireHatfield651H21/10/18Manchester International Swim Meet (MISM) 2018ManchesterHatfield649H24/06/17Hatfield Summer Meet 2017HatfieldHatfield646H03/02/18Hertfordshire County Championships 2018BorehamwoodHatfield640F17/12/16Hatfield Christmas GalaHatfieldHatfield627H23/06/18Hatfield Summer Meet 2018Herts Sports VillageHatfield627H05/11/16East Swimming 2016 SC ChampionshipsLutonHatfield622H03/11/18Swim England East Region Short Course ChampionshipLutonHatfield600H07/11/15ASA East Region Winter Championships 2015LutonHatfield570F22/03/15Hertfordshire County ChampionshipsLutonHatfield518H16/11/14Team Luton Autumn Short Course MeetLutonHatfield648F16/03/14Hertfordshire County ChampionshipsBorehamwoodHatfield314F02/11/13Ealing Level 3 November MeetNortholtHatfield31221/10/12Romford Town SC 6th SC Open MeetRomfordHatfield314F01/07/11Watford Sc Alternative Nationals OpenWatfordHatfield317F20/03/11<</td></td<>	668H02/12/17HATFIELD XMAS MEET 2017HERTFORDSHIREHatfield653H15/12/18Hatfield Xmas Meet Meet 2018HertfordshireHatfield651H21/10/18Manchester International Swim Meet (MISM) 2018ManchesterHatfield649H24/06/17Hatfield Summer Meet 2017HatfieldHatfield646H03/02/18Hertfordshire County Championships 2018BorehamwoodHatfield640F17/12/16Hatfield Christmas GalaHatfieldHatfield627H23/06/18Hatfield Summer Meet 2018Herts Sports VillageHatfield627H05/11/16East Swimming 2016 SC ChampionshipsLutonHatfield622H03/11/18Swim England East Region Short Course ChampionshipLutonHatfield600H07/11/15ASA East Region Winter Championships 2015LutonHatfield570F22/03/15Hertfordshire County ChampionshipsLutonHatfield518H16/11/14Team Luton Autumn Short Course MeetLutonHatfield648F16/03/14Hertfordshire County ChampionshipsBorehamwoodHatfield314F02/11/13Ealing Level 3 November MeetNortholtHatfield31221/10/12Romford Town SC 6th SC Open MeetRomfordHatfield314F01/07/11Watford Sc Alternative Nationals OpenWatfordHatfield317F20/03/11<			

Swims in Date Order

Т	Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4	4:04.55	653	Н	15/12/18	Hatfield Xmas Meet Meet 2018	Hertfordshire	Hatfield	3
4	4:08.64	622	Н	03/11/18	Swim England East Region Short Course Championship	Luton	Hatfield	2
	4:04.87 ight 202	651 4	Н	21/10/18	Manchester International Swim Meet (MISM) 2018	Manchester	Hatfield Powered By SPORT	2 SYSTEMS

4:07.92	627	Н	23/06/18	Hatfield Summer Meet 2018	Herts Sports Village	Hatfield	2
4:05.49	646	Н	03/02/18	Hertfordshire County Championships 2018	Borehamwood	Hatfield	2
4:02.78	668	Н	02/12/17	HATFIELD XMAS MEET 2017	HERTFORDSHIRE	Hatfield	3
4:05.10	649	Н	24/06/17	Hatfield Summer Meet 2017	Hatfield	Hatfield	2
4:06.29	640	F	17/12/16	Hatfield Christmas Gala	Hatfield	Hatfield	3
4:07.94	627	Н	05/11/16	East Swimming 2016 SC Championships	Luton	Hatfield	2
4:11.53	600	Н	07/11/15	ASA East Region Winter Championships 2015	Luton		2
4:15.96	570	F	22/03/15	Hertfordshire County Championships	Borehamwood	Hatfield	2
4:22.83	526	Н	07/12/14	ASA East Region Winter Championships	Luton		2
4:24.21	518	Н	16/11/14	Team Luton Autumn Short Course Meet	Luton		2
4:33.36	468	F	16/03/14	Hertfordshire County Championships	Borehamwood	Hatfield	2
4:38.05	444	F	02/11/13	Ealing Level 3 November Meet	Northolt	Hatfield	3
5:06.38	332		21/10/12	Romford Town SC 6th SC Open Meet	Romford	Hatfield	3
5:11.15	317	F	25/03/12	Hertfordshire ASA County Championships	Borehamwood	Hatfield	2
5:22.19	285	F	10/07/11	Watford SC Alternative Nationals Open	Watford	Hatfield	3
5:25.12	278	F	20/03/11	Hertfordshire County Championships	Borehamwood	Hatfield	2
5:55.27	213		07/11/10	Romford Town 3th Open Meet	Enfield	Hatfield	3

Page 2 / 2