## Individual Best Times (All Time)

Shona Ewen - (481206) - 1066 Swimmers - 400 Individual Medley - Short Course
Performance Graph

Drag to Zoom, right click to reset.
Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $7: 13.84$ | 212 | H | $14 / 09 / 14$ | 1066 Swimmers Club Championships | Bexhill | 1066swimmers |  |
| $7: 30.34$ | 190 | H | $10 / 11 / 13$ | 1066 Swimmers Club Championships | Eastbourne | 1066 swimmers |  |

Swims in Date Order

| Time | WA Pts | Round | Date |  | Meet | Venue | Club Swam Under | Level |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $7: 13.84$ | 212 | H | $14 / 09 / 14$ | 1066 Swimmers Club Championships | Bexhill | 1066swimmers |  |  |
| $7: 30.34$ | 190 | H | $10 / 11 / 13$ | 1066 Swimmers Club Championships | Eastbourne | $1066 s w i m m e r s$ | 4 |  |

