

# Individual Best Times (All Time)

Jack Duncan - (480649) - Orkney ASC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
36.60	316	F	06/10/12	SASA North District Sprint Championships	Inverness	Orkney	1
37.12	303	H	05/10/13	SASA North District Sprint Championships	Inverness	Orkney	1
37.20	301	H	25/11/12	Stromness Club Gala	Stromness	Orkney	2
37.20	301	F	10/05/14	North Atlantic Challenge	Orkney	Orkney	2
37.29	299	H	06/10/12	SASA North District Sprint Championships	Inverness	Orkney	1
37.74	288	H	04/10/14	SASA North District Open Meet	Inverness	Orkney	1
37.79	287	F	31/08/13	West Mainland Chamber of Commerce Trophy	Orkney	Orkney	2
38.06	281	F	05/05/12	Liam Henderson Memorial Cup	Orkney	Orkney	2
38.10	280	F	28/11/14	Kirkwall Xmas Gala	Kirkwall	Orkney	2
38.87	264	F	30/08/14	West Mainland Chamber of Commerce Meet	Orkney	Orkney	2
39.07	260	H	01/10/11	SASA North District Sprint Championships	Inverness	Orkney	1
39.28	256	F	24/11/11	Kirkwall Christmas Gala	Kirkwall	Orkney	2
44.12	180	F	09/06/11	Orkney Age Group Championships	Stromness & Kirkwall	Orkney	2
44.59	175	F	07/05/11	Liam Henderson Cup	Kirkwall	Orkney	2
47.85	141	F	03/12/10	Kirkwall Xmas Gala	Orkney	Orkney	2
48.31	137	F	10/06/10	Orkney Age Group Champs	Stromness	Orkney	2
48.95	132	F	01/05/10	Henderson Cup	Kirkwall	Orkney	2
52.51	107		23/01/10	Aberdeen ASC Medley Meet	Aberdeen	Orkney	2

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
38.10	280	F	28/11/14	Kirkwall Xmas Gala	Kirkwall	Orkney	2
37.74	288	H	04/10/14	SASA North District Open Meet	Inverness	Orkney	1
38.87	264	F	30/08/14	West Mainland Chamber of Commerce Meet	Orkney	Orkney	2
37.20	301	F	10/05/14	North Atlantic Challenge	Orkney	Orkney	2
37.12	303	H	05/10/13	SASA North District Sprint Championships	Inverness	Orkney	1

37.79	287	F	31/08/13	West Mainland Chamber of Commerce Trophy	Orkney	Orkney	2
37.20	301	H	25/11/12	Stromness Club Gala	Stromness	Orkney	2
36.60	316	F	06/10/12	SASA North District Sprint Championships	Inverness	Orkney	1
37.29	299	H	06/10/12	SASA North District Sprint Championships	Inverness	Orkney	1
38.06	281	F	05/05/12	Liam Henderson Memorial Cup	Orkney	Orkney	2
39.28	256	F	24/11/11	Kirkwall Christmas Gala	Kirkwall	Orkney	2
39.07	260	H	01/10/11	SASA North District Sprint Championships	Inverness	Orkney	1
44.12	180	F	09/06/11	Orkney Age Group Championships	Stromness & Kirkwall	Orkney	2
44.59	175	F	07/05/11	Liam Henderson Cup	Kirkwall	Orkney	2
47.85	141	F	03/12/10	Kirkwall Xmas Gala	Orkney	Orkney	2
48.31	137	F	10/06/10	Orkney Age Group Champs	Stromness	Orkney	2
48.95	132	F	01/05/10	Henderson Cup	Kirkwall	Orkney	2
52.51	107		23/01/10	Aberdeen ASC Medley Meet	Aberdeen	Orkney	2