

# Individual Best Times (All Time)

Jack Duncan - (480649) - Orkney ASC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:59.50	355	F	30/01/13	Orkney ASC Accredited Time Trials	Kirkwall	Orkney	2
5:06.70	331	F	30/08/12	Kirkwall Distance Gala	Orkney	Orkney	2
5:06.96	330	F	19/09/13	Kirkwall Distance Meet	Orkney	Orkney	2
5:10.16	320	F	21/04/13	Buckie ASC Age Group Championships	Buckie	Orkney	2
5:11.53	316	F	27/03/13	Selkie Goblet 2013 1st Leg	Stromness	Orkney	2
5:12.45	313	F	24/11/12	Stromness Club Gala	Stromness	Orkney	2
5:14.45	307	F	26/09/14	Kirkwall Distance Meet	Kirkwall	Orkney	2
5:15.56	304	F	01/03/12	Selkie Goblet 1st Leg	Orkney	Orkney	2
5:23.11	283	F	05/11/11	North District Distance Meet	Banff	Orkney	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:14.45	307	F	26/09/14	Kirkwall Distance Meet	Kirkwall	Orkney	2
5:06.96	330	F	19/09/13	Kirkwall Distance Meet	Orkney	Orkney	2
5:10.16	320	F	21/04/13	Buckie ASC Age Group Championships	Buckie	Orkney	2
5:11.53	316	F	27/03/13	Selkie Goblet 2013 1st Leg	Stromness	Orkney	2
4:59.50	355	F	30/01/13	Orkney ASC Accredited Time Trials	Kirkwall	Orkney	2
5:12.45	313	F	24/11/12	Stromness Club Gala	Stromness	Orkney	2
5:06.70	331	F	30/08/12	Kirkwall Distance Gala	Orkney	Orkney	2
5:15.56	304	F	01/03/12	Selkie Goblet 1st Leg	Orkney	Orkney	2
5:23.11	283	F	05/11/11	North District Distance Meet	Banff	Orkney	1