

# Individual Best Times (All Time)

Haydn Good - (478364) - City of Southend on Sea SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:30.06	485	H	25/11/16	Southend on Sea 400m Club Meet	Southend on Sea	Southend	4
4:32.51	472	H	10/10/15	The Alan Mitchell Memorial County Qualifier	Thurrock		3
4:36.21	453	H	24/10/15	Essex Senior Short Course Championships 2015	Basildon		2
4:37.70	446	H	29/11/14	Essex Senior Junior Championships	Basildon		2
4:43.08	421	H	31/01/15	Essex County Age Group Championships 2015	Southend		2
4:43.91	417	H	19/04/15	Essex & Regional Qualifier	Thurrock		3
4:45.43	411	H	11/01/15	Dover LG Club & City of Canterbury Icebreaker	Canterbury		3
4:50.88	388	H	12/05/13	Braintree & Bocking Spring Festival Meet	Braintree	Southend	3
4:51.27	386	H	19/10/14	The Alan Mitchell Memorial County Qualifier	Grays		3
4:52.11	383	H	30/11/13	Harlow Penguins Winter Open Meet	Harlow	Southend	3
4:52.21	383	H	12/10/13	Thurrock SC Season Opener & Club Champs	Thurrock	Southend	3
4:52.84	380	H	12/01/14	Dover Lifeguard & Canterbury Icebreaker Meet	Canterbury	Southend	3
5:00.18	353	H	27/09/13	Southend on Sea SC Club Gala 1, 2 & 3	Southend	Southend	4
5:01.83	347	H	02/12/12	Thurrock SC County Qualifier	Thurrock	Southend	3
5:02.59	345	H	27/10/12	Basildon & Phoenix Autumn SC Meet	Basildon	Southend	3
5:14.74	306	H	14/01/12	Thurrock Last Chance County Qualifier	Thurrock	Southend	3
5:18.55	295		08/04/12	Borough of Waltham Forest Age Group Meet	Waltham Forest	Southend	3
5:33.18	258	H	05/11/11	Thurrock SC County Qualifier 2011	Grays	Southend	3

## Swims in Date Order

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4:30.06	485	H	25/11/16	Southend on Sea 400m Club Meet	Southend on Sea	Southend	4
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4:45.43	411	H	11/01/15	Dover LG Club & City of Canterbury Icebreaker	Canterbury		3
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4:52.11	383	H	30/11/13	Harlow Penguins Winter Open Meet	Harlow	Southend	3
4:52.21	383	H	12/10/13	Thurrock SC Season Opener & Club Champs	Thurrock	Southend	3
5:00.18	353	H	27/09/13	Southend on Sea SC Club Gala 1, 2 & 3	Southend	Southend	4
4:50.88	388	H	12/05/13	Braintree & Bocking Spring Festival Meet	Braintree	Southend	3
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