Individual Best Times (All Time)

Haydn Good - (478364) - City of Southend on Sea SC - 400 Individual Medley - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:50.98	299	H	25/11/16	Southend on Sea 400m Club Meet	Southend on Sea	Southend	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:50.98	299	H	25/11/16	Southend on Sea 400m Club Meet	Southend on Sea	Southend	4