

# Individual Best Times (All Time)

Adam Smith - (473143) - Ashton Central SC - 200 Backstroke - Short Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:14.57	160	H	14/01/12	Bolton & Manchester Age Groups	Manchester	Ashton Cent	3

## Swims in Date Order

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