

# Individual Best Times (All Time)

Jenny Adams - (473084) - Galashiels ASC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:44.08	539	F	14/12/13	Scottish National Short Course Open Meet	Edinburgh	Kelso	1
4:47.16	522	F	14/02/15	Sharks Open Meet	Bellshill	Kelso	2
4:49.16	511		03/11/13	East District Age Group Championships	Glenrothes	Kelso	1
4:49.76	508	F	31/10/15	East District Age Group Championships	Glenrothes	Kelso	1
4:50.12	506	F	02/11/14	East District Age Group Championships	Fife	Kelso	2
4:53.23	490	F	22/06/13	East Lothian Distance Meet	Prestonpans	Kelso	2
5:08.24	422		04/11/12	East District Age Group Championships	Bathgate	Kelso	1
5:09.00	419	F	20/01/13	Carnegie Graded Meet	Dunfermline	Kelso	2
5:15.51	393		27/05/12	Incas Distance Gala 2012	Glenrothes	Kelso	2
5:23.11	366	F	23/09/12	Haddington 100's	Prestonpans	Kelso	2
5:36.66	324		06/11/11	SASA East District Age Groups November Leg	Glenrothes	Kelso	1
5:53.36	280	F	25/06/11	East Lothian Distance Meet	Prestonpans	Kelso	2

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5:53.36 280

F

25/06/11 East Lothian Distance Meet

Prestonpans

Kelso

2