

Individual Best Times (All Time)

Katherine Gilman-Abel - (466059) - City of Linc Pentaqua SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
40.49	343	H	21/03/15	Lincolnshire County ASA Swimming Championships	Louth		2
41.93	309	H	09/11/14	City of Lincoln Pentaqua Club Championships	Lincoln		4
41.99	308	H	28/06/15	Lincoln Vulcans Grantham L3 Open Meet	Grantham		3
42.01	307	H	22/03/14	63rd Annual Lincolnshire County Champs	Louth	Co Lincoln P	2
42.17	304	H	11/05/14	City of Lincoln Pentaqua Club Championships	Lincoln	Co Lincoln P	4
42.44	298	H	20/09/14	Rotherham Metro A&B Grade Meet	Sheffield		3
42.53	296	H	21/09/13	Rotherham Metro SC A & B Grade SC Meet	Sheffield	Co Lincoln P	3
42.59	295	H	21/07/13	Rotherham Metro A & B Grade Gala	Sheffield	Co Lincoln P	3
42.71	293	H	16/03/13	Lincolnshire County Championships	Louth	Co Lincoln P	2
42.86	290	H	10/11/13	City of Lincoln Pentaqua Club Championships	Lincoln	Co Lincoln P	4
43.36	280	H	12/05/13	City of Lincoln Pentaqua Club Championships	Lincoln	Co Lincoln P	4
43.37	279	H	01/11/14	Louth Dolphins Meridian Meet	Louth		3
43.42	278	H	22/09/12	Rotherham Metro A&B Grade Meet	Sheffield	Co Lincoln P	3
43.57	276	H	13/07/13	Lincoln Vulcans Short Course Open Meet	Grantham	Co Lincoln P	3
44.06	266	H	15/07/12	Rotherham Metro ASC L3 Short Course Meet	Sheffield	Co Lincoln P	3
44.58	257	H	19/09/15	Rotherham Metro A & B Grade Short Course Meet	Sheffield		3
48.54	199	H	17/09/11	Rotherham Metro A & B Grade Gala	Sheffield	Co Lincoln P	3
48.88	195	H	20/11/10	Mansfield Major Open Meet	Mansfield	Co Lincoln P	3
50.85	173	H	17/07/10	Rotherham Metro A&B Meet	Sheffield	Co Lincoln P	3
51.12	170	H	18/09/10	Rotherham Metro B & C Meet	Sheffield	Co Lincoln P	3
51.36	168	H	22/11/09	Mansfield Major Oak Meet	Mansfield	Co Lincoln P	2
53.86	146	H	16/11/08	Mansfield Major Oak Meet	Mansfield	Co Lincoln P	2
54.47	141	H	18/07/09	Rotherham Metro A B Meet	Sheffield	Co Lincoln P	3
54.54	140	H	19/09/09	Rotherham Metro A B L3 Mt	Sheffield	Co Lincoln P	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
44.58	257	H	19/09/15	Rotherham Metro A & B Grade Short Course Meet	Sheffield		3
41.99	308	H	28/06/15	Lincoln Vulcans Grantham L3 Open Meet	Grantham		3
40.49	343	H	21/03/15	Lincolnshire County ASA Swimming Championships	Louth		2
41.93	309	H	09/11/14	City of Lincoln Pentaqua Club Championships	Lincoln		4
43.37	279	H	01/11/14	Louth Dolphins Meridian Meet	Louth		3
42.44	298	H	20/09/14	Rotherham Metro A&B Grade Meet	Sheffield		3
42.17	304	H	11/05/14	City of Lincoln Pentaqua Club Championships	Lincoln	Co Lincoln P	4
42.01	307	H	22/03/14	63rd Annual Lincolnshire County Champs	Louth	Co Lincoln P	2
42.86	290	H	10/11/13	City of Lincoln Pentaqua Club Championships	Lincoln	Co Lincoln P	4
42.53	296	H	21/09/13	Rotherham Metro SC A & B Grade SC Meet	Sheffield	Co Lincoln P	3
42.59	295	H	21/07/13	Rotherham Metro A & B Grade Gala	Sheffield	Co Lincoln P	3
43.57	276	H	13/07/13	Lincoln Vulcans Short Course Open Meet	Grantham	Co Lincoln P	3
43.36	280	H	12/05/13	City of Lincoln Pentaqua Club Championships	Lincoln	Co Lincoln P	4
42.71	293	H	16/03/13	Lincolnshire County Championships	Louth	Co Lincoln P	2
43.42	278	H	22/09/12	Rotherham Metro A&B Grade Meet	Sheffield	Co Lincoln P	3
44.06	266	H	15/07/12	Rotherham Metro ASC L3 Short Course Meet	Sheffield	Co Lincoln P	3
48.54	199	H	17/09/11	Rotherham Metro A & B Grade Gala	Sheffield	Co Lincoln P	3
48.88	195	H	20/11/10	Mansfield Major Open Meet	Mansfield	Co Lincoln P	3
51.12	170	H	18/09/10	Rotherham Metro B & C Meet	Sheffield	Co Lincoln P	3
50.85	173	H	17/07/10	Rotherham Metro A&B Meet	Sheffield	Co Lincoln P	3
51.36	168	H	22/11/09	Mansfield Major Oak Meet	Mansfield	Co Lincoln P	2
54.54	140	H	19/09/09	Rotherham Metro A B L3 Mt	Sheffield	Co Lincoln P	3
54.47	141	H	18/07/09	Rotherham Metro A B Meet	Sheffield	Co Lincoln P	3
53.86	146	H	16/11/08	Mansfield Major Oak Meet	Mansfield	Co Lincoln P	2