

Individual Best Times (All Time)

Katherine Gilman-Abel - (466059) - City of Linc Pentaqua SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.78	413	H	28/06/15	Lincoln Vulcans Grantham L3 Open Meet	Grantham		3
30.99	405	H	19/09/15	Rotherham Metro A & B Grade Short Course Meet	Sheffield		3
31.06	402	H	09/11/14	City of Lincoln Pentaqua Club Championships	Lincoln		4
31.18	397	H	21/03/15	Lincolnshire County ASA Swimming Championships	Louth		2
31.33	392	H	11/05/14	City of Lincoln Pentaqua Club Championships	Lincoln	Co Lincoln P	4
31.47	386	H	12/07/14	Lincoln Vulcans Short Course Level 3 Open Meet	Grantham	Co Lincoln P	3
31.59	382	H	20/09/14	Rotherham Metro A&B Grade Meet	Sheffield		3
31.66	379	H	10/11/13	City of Lincoln Pentaqua Club Championships	Lincoln	Co Lincoln P	4
31.75	376	H	21/09/13	Rotherham Metro SC A & B Grade SC Meet	Sheffield	Co Lincoln P	3
31.80	374	H	22/03/14	63rd Annual Lincolnshire County Champs	Louth	Co Lincoln P	2
31.85	373	H	20/07/14	Rotherham Metro A&B Grade SC Meet	Sheffield		3
31.87	372	H	21/07/13	Rotherham Metro A & B Grade Gala	Sheffield	Co Lincoln P	3
32.08	365	F	04/05/14	South Lincs CSC Tulip Open Meet	Spalding	Co Lincoln P	3
32.11	364	H	17/11/12	Lincoln Vulcans Short Course Open Meet	Grantham	Co Lincoln P	3
32.16	362	H	13/07/13	Lincoln Vulcans Short Course Open Meet	Grantham	Co Lincoln P	3
32.48	351	H	12/05/13	City of Lincoln Pentaqua Club Championships	Lincoln	Co Lincoln P	4
32.59	348	H	01/11/14	Louth Dolphins Meridian Meet	Louth		3
32.60	347	H	16/03/13	Lincolnshire County Championships	Louth	Co Lincoln P	2
33.76	313	H	17/03/12	Lincolnshire County Championships	Louth	Co Lincoln P	2
33.79	312	H	22/09/12	Rotherham Metro A & B Grade Meet	Sheffield	Co Lincoln P	3
34.03	305	H	15/07/12	Rotherham Metro ASC L3 Short Course Meet	Sheffield	Co Lincoln P	3
34.45	294	H	19/11/11	Mansfield SC Major Oak Open Meet	Mansfield	Co Lincoln P	3
35.33	273	H	17/09/11	Rotherham Metro A & B Grade Gala	Sheffield	Co Lincoln P	3
35.53	268	H	20/11/10	Mansfield Major Open Meet	Mansfield	Co Lincoln P	3
37.17	234	H	17/07/11	Rotherham Metro A & B Grade Meet	Sheffield	Co Lincoln P	3
39.56	194	H	21/11/09	Mansfield Major Oak Meet	Mansfield	Co Lincoln P	2
39.58	184	H	18/09/10	Rotherham Metro B & C Meet	Sheffield	Co Lincoln P	3

39.36	194	H	18/09/10	Rotherham Metro B & C Meet	Sheffield	Co Lincoln P	3
41.95	163	H	19/09/09	Rotherham Metro A B L3 Mt	Sheffield	Co Lincoln P	3
42.78	153	H	19/07/09	Rotherham Metro A B Meet	Sheffield	Co Lincoln P	3
43.26	148	H	15/11/08	Mansfield Major Oak Meet	Mansfield	Co Lincoln P	2

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