

Individual Best Times (All Time)

Alexandra Livingstone - (457357) - Carnforth & Dist Otters - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:40.33	561	H	06/11/16	ASA North West Region Winter Championships	Manchester	Carnforth	2
4:41.23	556	H	08/11/15	ASA North West Region Winter Championships	Liverpool		2
4:42.31	549	H	02/10/16	North Lancs L2 Age Groups & Champs	Blackpool	Carnforth	2
4:43.62	542	H	27/09/15	North Lancashire Level 2 Meet	Blackpool		2
4:49.30	511	H	12/07/15	14th Biddulph Open Meet	Biddulph		3
4:51.67	498	H	11/01/15	North Lancashire Age Groups & Youth Championships	Blackpool		2
4:52.88	492	F	16/11/14	Wigan BEST Future Stars Open Meet	Wigan	Carnforth	2
5:05.87	432	H	18/01/14	North Lancashire Age Groups 2014	Blackpool	Carnforth	3
5:13.03	403	H	05/07/21	Carnforth & District Otters	Salt Ayre	Carnforth	0
5:13.94	399	H	02/11/13	City of Salford SC Potential Olympians 2013	Salford	Carnforth	2

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