

Individual Best Times (All Time)

James Benson - (453850) - Halesowen SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:15.59	393	H	02/03/13	Worcester County Championships	Wolverhampton	Halesowen	2
2:15.87	391	H	30/11/13	Halesowen Club Championships	Halesowen	Halesowen	4
2:16.31	387	H	26/10/13	Worcester SC 17th Open Meet	Worcester	Halesowen	3
2:19.83	358	H	09/11/12	Halesowen Club Championships	Halesowen	Halesowen	4
2:20.84	351	H	27/10/12	Worcester SC 16th Open Meet	Worcester	Halesowen	3
2:23.67	330	H	25/02/12	Worcester County Championships	Wolverhampton	Halesowen	2
2:29.00	296	H	22/10/11	Worcester SC Open Meet	Worcester	Halesowen	3
2:30.08	290	H	22/01/11	Brierley Hill Open Meet	Wolverhampton	Halesowen	2
2:31.48	282	H	12/03/11	Worcestershire County Championships	Wolverhampton	Halesowen	2
2:35.86	259	H	11/11/11	Halesowen SC Club Championships	Halesowen	Halesowen	4
2:35.95	258	H	23/10/10	Worcester 14th Open Meet	Worcester	Halesowen	3
2:40.84	235		05/04/10	City of Birmingham Easter	Birmingham	Halesowen	3
2:41.58	232	H	12/11/10	Halesowen Club Champs	Halesowen	Halesowen	4
2:41.58	232	H	27/11/10	Halesowen Club Champs	Halesowen	Halesowen	4
3:04.82	155	H	13/11/09	Halesowen Club Champs	Halesowen	Halesowen	4
3:29.89	106	H	07/11/08	Halesowen Club Champs	Halesowen	Halesowen	4

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