

Individual Best Times (All Time)

James Benson - (453850) - Halesowen SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:33.12	328	H	10/03/12	Worcester County Championships	Worcester	Halesowen	2
2:34.40	320	H	09/03/13	Worcester County Championships	Wolverhampton	Halesowen	2
2:43.90	267	H	16/11/12	Halesowen Club Championships	Halesowen	Halesowen	4
2:46.00	257	H	23/10/11	Worcester SC Open Meet	Worcester	Halesowen	3
2:47.27	251	H	26/03/11	Worcestershire County Championships	Wolverhampton	Halesowen	2
2:49.83	240	H	22/01/11	Brierley Hill Open Meet	Wolverhampton	Halesowen	2
2:50.61	237	H	18/11/11	Halesowen SC Club Championships	Halesowen	Halesowen	4
2:56.63	213	H	19/11/10	Halesowen Club Champs	Halesowen	Halesowen	4

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