

Individual Best Times (All Time)

James Benson - (453850) - Halesowen SC - 50 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.25	411	F	26/10/13	Worcester SC 17th Open Meet	Worcester	Halesowen	3
29.33	407	H	26/10/13	Worcester SC 17th Open Meet	Worcester	Halesowen	3
29.42	404	H	01/03/14	Worcester County Championships	Wolverhampton	Halesowen	2
30.06	378	H	04/10/14	Halesowen Licensed 50m Time Trial	Egbaston		4
30.15	375	H	03/03/13	Worcester County Championships	Wolverhampton	Halesowen	2
30.64	357	F	27/10/12	Worcester SC 16th Open Meet	Worcester	Halesowen	3
30.75	353	H	27/10/12	Worcester SC 16th Open Meet	Worcester	Halesowen	3
33.47	274	H	22/10/11	Worcester SC Open Meet	Worcester	Halesowen	3
33.65	270	H	02/10/11	Worcester County Sprints	Wolverhampton	Halesowen	3
34.40	252	F	13/03/11	Worcestershire County Championships	Wolverhampton	Halesowen	2
34.89	242	H	13/03/11	Worcestershire County Championships	Wolverhampton	Halesowen	2
35.63	227	F	23/10/10	Worcester 14th Open Meet	Worcester	Halesowen	3
36.04	219	F	14/03/10	Worcestershire County Championships	Worcester	Halesowen	2
36.17	217	H	14/03/10	Worcestershire County Championships	Worcester	Halesowen	2
36.40	213	H	27/06/10	Staffs 3 Counties Invite	Stafford	Halesowen	3
36.40	213	H	23/10/10	Worcester 14th Open Meet	Worcester	Halesowen	3
38.93	174		04/10/09	Leicester Penguins Open	Braunstone	Halesowen	2
41.19	147	H	13/09/09	Worcester County Dev Meet	Wolverhampton	Halesowen	4
41.23	146	H	05/07/09	Three Counties Meet	Worcester	Halesowen	3
42.44	134	F	14/03/09	Worcestershire County Ch	Wolverhampton	Halesowen	2
42.81	131	H	14/03/09	Worcestershire County Ch	Wolverhampton	Halesowen	2
45.31	110	H	25/10/08	Worcester 12th Open Meet	Worcester	Halesowen	3
45.88	106		05/10/08	Leicester Penguins Meet	Braunstone	Halesowen	2

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