

Individual Best Times (All Time)

Joseph Stanger - (45308) - City of Birmingham SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:43.49	568	H	07/11/15	Midland 2015 Short Course Championships	Nottingham		2
4:44.47	562	H	26/10/12	Worcester SC 16th Open Meet	Worcester	Boldmere	3
4:45.75	554	H	30/01/15	Boldmere Distance Time Trials	Stechford		4
4:46.07	553	H	25/10/13	Worcester SC 17th Open Meet	Worcester	Boldmere	3
4:48.64	538	H	16/10/15	Boldmere SC Open Meet 2015	Boldmere		3
4:49.67	532	H	02/12/12	Midland Winter Championships 2012	Corby	Boldmere	2
4:53.92	509	H	22/10/10	Worcester 14th Open Meet	Worcester	Boldmere	3
5:16.70	407	H	24/01/09	Brierley Hill Open Meet	Wolverhampton	Boldmere	2
5:27.21	369		01/12/07	Nuneaton & Bedworth Winter	Pingles Nuneaton	Boldmere	2
5:38.54	333		06/04/07	City of Birmingham Open	Birmingham	Boldmere	1
5:40.76	327	H	19/01/08	Brierley Hill 11th Meet	Wolverhampton	Boldmere	2
5:47.34	308	H	20/01/07	Brierley Hill 10th Open	Wolverhampton	Boldmere	2
5:47.78	307		02/12/06	Nuneaton & Bedworth Open	Nuneaton	Boldmere	2
5:55.68	287		14/04/06	City of Birmingham Open	Birmingham	Boldmere	2
5:59.37	278	H	21/01/06	Brierley Hill 9th Open Mt	Wolverhampton	Boldmere	2
6:10.94	253		03/12/05	Nuneaton & Bedworth Open	Nuneaton	Boldmere	2
6:14.28	246		23/04/05	Rugby Open Meet	Rugby	Boldmere	2
6:22.67	231		22/01/05	Brierley 8th Open Meet	Wolverhampton	Boldmere	2
6:23.96	228		04/12/04	Nuneaton & Bedworth Dec Meet	Nuneaton	Boldmere	2

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