## **Individual Best Times (All Time)**

Nathan Wells - (451158) - West Norfolk Swimming Club - 200 Breaststroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
2:24.47	575	Н	17/07/22	West Norfolk SC Club Championships 2022	Downham Market	West Norfolk	4
2:26.54	551	Н	22/01/17	Norfolk ASA County Championships 2017	Norfolk	West Norfolk	2
2:26.69	549	Н	29/06/19	WNSC Club Championships 2019	Downham Market	West Norfolk	4
2:26.70	549	Н	15/07/17	West Norfolk Club Championships 2017	Kings Lynn	West Norfolk	4
2:26.95	546	Н	16/07/23	West Norfolk Club Championships 2023	Downham Market	West Norfolk	4
2:28.23	532	Н	21/07/18	West Norfolk Club Championships 2018	St James Pool	West Norfolk	4
2:29.62	517	F	19/04/15	Newmarket & District Seventh Open Meet	Newmarket		3
2:29.87	515	Н	01/03/15	Norfolk County Championships	Thetford	West Norfolk	2
2:30.00	514	Н	14/02/16	Norfolk County Championships 2016	Thetford	West Norfolk	2
2:31.32	500	Н	25/09/22	Norwich Swan No Frills Season Starter	UEA Sportspark	West Norfolk	3
2:32.17	492	Н	27/09/15	Basildon & Phoenix Season Opener Meet	Basildon	West Norfolk	2
2:32.46	489	F	17/01/15	UEA City of Norwich January Resolution Meet	Norwich		3
2:32.69	487	Н	12/07/15	West Norfolk Club Championships 2015	Downham	West Norfolk	4
2:33.04	484	Н	03/07/16	West Norfolk Club Championships (round 1) 2016	Kings Lynn	West Norfolk	4
2:34.37	471	Н	11/01/15	City of Cambridge Winter Open Short Course	Parkside	West Norfolk	2
2:34.61	469	Н	02/03/14	Norfolk County Champs & AG Comp	Thetford	West Norfolk	2
2:35.32	463	Н	11/05/14	Braintree & Bocking Spring Festival	Braintree	West Norfolk	3
2:35.63	460	F	20/03/16	Teamipswich March Open 2016	Ipswich	West Norfolk	3
2:36.39	453	F	20/12/13	City of Peterborough Winter Open Meet	Peterborough	West Norfolk	3
2:37.01	448	F	06/04/14	Newmarket & District Sixth Open Meet	Newmarket	West Norfolk	3
2:37.27	446	F	04/10/14	Dereham Iceni Level 3 Open Meet	Dereham	West Norfolk	3
2:38.67	434	F	02/11/14	Teamipswich Open Meet	Ipswich		3
2:39.34	428	Н	12/01/14	City of Cambridge Winter Meet	Cambridge	West Norfolk	2
2:40.76	417	F	28/09/13	Dereham & District ASC ICENI	Dereham	West Norfolk	3
2:42.00	408	Н	03/03/13	Norfolk County Championships	Thetford	West Norfolk	2
2:42.84	401	Н	12/05/13	Braintree & Bocking Spring Festival Meet	Braintree	West Norfolk	3
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2:45.33	383	F	24/11/12	Hatfield UKC Winter Wonderland Meet	Hatfield	West Norfolk	2
2:45.74	381	F	06/04/13	City of Peterborough Licensed Open	Peterborough	West Norfolk	2
2:45.76	380	Н	28/10/12	Teamipswich 14th Open Meet	lpswich	West Norfolk	2
2:47.37	370	F	21/04/13	Newmarket & District SC Fifth Open Meet	Newmarket	West Norfolk	3
2:48.51	362		14/04/12	City Of Leicester 2012 Age Group Meet	Braunstone	West Norfolk	2
2:50.15	352	F	22/04/12	NDSC 4th Open Meet	Newmarket	West Norfolk	3
2:51.60	343	Н	04/03/12	Norfolk County Championships	Thetford	West Norfolk	2
3:02.47	285	Н	23/10/11	teamipswich 13th Open Meet	lpswich	West Norfolk	2
3:08.35	259	F	07/05/11	West Suffolk Open Meet	Bury St Edmunds	West Norfolk	2
3:09.68	254		24/04/11	Newmarket 3rd Annual Open Meet	Newmarket	West Norfolk	3
3:13.66	238	F	27/11/10	Hatfield Winter Wonderland	Hatfield	West Norfolk	2
3:16.82	227	Н	14/03/10	Norfolk County Champs	Thetford	West Norfolk	2
3:17.75	224		08/05/10	West Suffolk Open Meet	Bury St Edmunds	West Norfolk	3
3:22.79	208	Н	09/01/11	teamipswich 12th Licensed Open Meet	lpswich	West Norfolk	3
3:23.28	206	Н	24/01/10	teamipswich 11th Open Meet	lpswich	West Norfolk	2
3:36.59	170	Н	01/03/09	Norfolk County Champs	Thetford	West Norfolk	2
3:37.69	168		09/05/09	West Suffolk Open Meet	Bury St Edmunds	West Norfolk	2
3:44.21	153	Н	18/01/09	teamipswich 10th Open	lpswich	West Norfolk	2
4:00.13	125	Н	20/01/08	Team Ipswich Open Meet	lpswich	West Norfolk	2
4:01.17	123	Н	08/03/08	Norfolk County Champs	Thetford	West Norfolk	2

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