

Individual Best Times (All Time)

Honor Kingsley-Smith - (449932) - Orpington Ojays - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:49.69	509	F	05/10/14	The City of Plymouth ASA Annual Swim Meet 2014	Plymouth	Mt Kelly	3
4:54.14	486	H	08/10/17	Orpington Ojays Club Championships 2017	Walnuts	Orpington OJ	4
4:54.23	485	H	30/11/13	Gravesend & North Fleet Autumn Open Meet	Gillingham	Mt Kelly	3
4:55.31	480	F	18/01/15	Devon County 2015 Championships	Plymouth	Mt Kelly	2
4:56.93	472	H	21/09/13	The 2013 Medway Championships	Gillingham	Mt Kelly	4
5:00.82	454	H	23/02/13	Kent County Championships	Gillingham	Mt Kelly	2
5:02.98	444	H	06/12/14	ASA South West Short Course Championships	Millfield		4
5:17.59	386	H	14/10/12	Black Lion SC Club Championships	Gillingham	Mt Kelly	4

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