## **Individual Best Times (All Time)**

Ben Leighton - (448100) - Carlisle Aquatics - 200 Breaststroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:37.88	440	Н	09/03/14	Cumbrian Age Groups and County Champs	Kendal	Carlisle Aq	2
2:39.12	430	F	09/03/14	Cumbrian Age Groups and County Champs	Kendal	Carlisle Aq	2
2:39.51	427	Н	08/03/15	2015 Cumbria Age Groups & County Championships	Kendal		2
2:42.12	407	Н	13/09/14	Workington ASC 5th Presidents Open Gala	Cumbria		3
2:44.51	389	Н	26/01/14	2014 Cumbria Winter Meet	Whitehaven	Carlisle Aq	3
2:45.40	383	Н	17/11/13	Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
2:46.45	376	Н	10/03/13	Cumbria Age Group & County Championships	Kendal	Carlisle Aq	2
2:47.05	372	F	10/03/13	Cumbria Age Group & County Championships	Kendal	Carlisle Aq	2
2:53.85	330	Н	24/11/12	2012 Cumbrian Autumn Graded Series	Workington	Carlisle Aq	3
2:54.21	328	Н	22/09/12	Cumbrian 2012 Inter Association Qualifier	Carlisle	Carlisle Aq	3
2:54.98	323	Н	24/03/12	Cumbria Age Groups & County Champs	Kendal	Carlisle Aq	2
2:56.14	317		13/01/13	Gateshead & Whickham Open Graded Meet	Dunston	Carlisle Aq	3
2:58.39	305	Н	19/11/11	Cumbria Autumn Graded Series	Whitehaven	Carlisle Aq	3
3:07.27	264	F	29/05/11	North Midlands District Inter Assoc Gala	Macclesfield	Carlisle Aq	2
3:09.43	255	Н	26/03/11	Cumbria County Championships	Kendal	Carlisle Aq	2
3:10.06	252	Н	30/04/11	City of Salford Spring Meet	Salford	Carlisle Aq	3
3:18.16	222	Н	20/11/10	Cumbria Autumn Graded Series	Kendal	Carlisle Aq	3
3:26.15	198	Н	13/03/10	Cumbria County Champs	Whitehaven	Carlisle Aq	2
3:33.50	178	Н	25/10/09	Harrogate Junior Meet	Harrogate	Carlisle Aq	2
3:53.27	136	Н	29/11/08	Cumbria Autumn Graded	Workington	Carlisle Aq	2
3:54.67	134	Н	21/03/09	Cumbria County Champs	Kendal	Carlisle Aq	2
4:13.65	106	Н	08/03/08	Cumbria County Champs	Copeland	Carlisle Aq	2
4:22.97	95	Н	20/01/08	Newburn 2008 Annual Mt	Newburn	Carlisle Aq	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
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							Page 2 / 2
2:39.51	427	Н	08/03/15	2015 Cumbria Age Groups & County Championships	Kendal		2
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