

Individual Best Times (All Time)

Ben Leighton - (448100) - Carlisle Aquatics - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:05.16	500	H	08/03/14	Cumbrian Age Groups and County Champs	Kendal	Carlisle Aq	2
2:05.97	490	H	13/09/14	Workington ASC 5th Presidents Open Gala	Cumbria		3
2:06.58	483	F	01/12/13	Dumfries Advent Open Meet	Dumfries	Carlisle Aq	2
2:07.06	478	H	07/09/13	Workington 4th Presidents Open Meet	Workington	Carlisle Aq	3
2:07.18	476	H	15/06/13	Copeland ASC 17th Graded Gala	Whitehaven	Carlisle Aq	3
2:07.31	475	H	17/11/13	Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
2:09.12	455	H	03/11/13	Wear Valley ASC Guy Fawkes Level 3 Meet	Bishop Auckland	Carlisle Aq	3
2:09.80	448	H	09/03/13	Cumbria Age Group & County Championships	Kendal	Carlisle Aq	2
2:11.83	428	H	25/03/12	Cumbria Age Groups & County Champs	Kendal	Carlisle Aq	2
2:11.85	428	H	22/09/12	Cumbrian 2012 Inter Association Qualifier	Carlisle	Carlisle Aq	3
2:12.24	424	H	16/06/12	Copeland ASC 18th Graded Gala	Whitehaven	Carlisle Aq	4
2:13.11	416	H	03/11/12	2012 Cumbrian Autumn Graded Series	Workington	Carlisle Aq	3
2:17.85	374	H	22/10/11	Harrogate Junior Meet	Harrogate	Carlisle Aq	2
2:20.50	353	H	27/03/11	Cumbria County Championships	Kendal	Carlisle Aq	2
2:22.38	339	H	29/05/10	North West Inter Ass 2010	Bury	Carlisle Aq	2
2:22.78	337	F	29/05/11	North Midlands District Inter Assoc Gala	Macclesfield	Carlisle Aq	2
2:23.48	332	H	06/02/11	Harrogate District 29th Open Meet	Harrogate	Carlisle Aq	2
2:24.01	328	H	23/10/10	Harrogate Junior Open Meet	Harrogate	Carlisle Aq	2
2:27.92	303	H	10/07/10	Newburn 4th Summer Meet	Stanley	Carlisle Aq	3
2:28.37	300	H	14/03/10	Cumbria County Champs	Whitehaven	Carlisle Aq	2
2:31.02	284	H	31/01/10	28th Harrogate Open Meet	Harrogate	Carlisle Aq	2
2:33.75	269	H	06/12/09	Wear Valley Christmas Mt	Bishop Auckland	Carlisle Aq	3
2:33.99	268	H	24/10/09	Harrogate Junior Meet	Harrogate	Carlisle Aq	2
2:40.52	237	H	23/05/09	N West Inter Assoc Champs	Salford	Carlisle Aq	2
2:44.47	220	H	11/07/09	Newburn Summer Meet	Stanley	Carlisle Aq	3
2:45.67	215	H	04/07/09	Copeland Graded Gala	Whitehaven	Carlisle Aq	4
2:46.43	201	H	22/02/09	Cumbria County Champs	Kendal	Carlisle Aq	2

2:49.42	201	H	22/03/09	Cumbria County Champs	Kendal	Carlisle Aq	
3:01.04	165	H	22/11/08	Cumbria Autumn Graded	Workington	Carlisle Aq	2
3:09.97	143	H	12/07/08	Newburn Non-National Qual	Stanley	Carlisle Aq	3
3:17.39	127	H	09/03/08	Cumbria County Champs	Copeland	Carlisle Aq	2
3:27.36	110	H	24/11/07	Cumbria Autumn Graded Mt	Kendal	Carlisle Aq	3

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