

Individual Best Times (All Time)

Ben Leighton - (448100) - Carlisle Aquatics - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:23.83	442	H	17/11/13	Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
2:27.86	407	H	27/04/13	Chester Le Street Open Meet	Stanley	Carlisle Aq	3
2:28.27	404	F	28/09/13	Ulverston ASC Graded Age Group Meet 2013	Kendal	Carlisle Aq	3
2:30.69	385	H	24/11/12	2012 Cumbria Autumn Graded Series	Kendal	Carlisle Aq	3
2:31.55	378	H	09/03/13	Cumbria Age Group & County Championships	Kendal	Carlisle Aq	2
2:33.00	367	F	29/09/12	Ulverston ASC Graded Open Age Group Meet	Kendal	Carlisle Aq	3
2:33.72	362	H	16/06/12	Copeland ASC 18th Graded Gala	Whitehaven	Carlisle Aq	4
2:34.30	358	H	17/03/12	Cumbria Age Groups & County Championships	Whitehaven	Carlisle Aq	2
2:34.61	356		13/01/13	Gateshead & Whickham Open Graded Meet	Dunston	Carlisle Aq	3
2:36.70	342	H	23/10/11	Harrogate Junior Meet	Harrogate	Carlisle Aq	2
2:39.21	326	F	24/09/11	Ulverston ASC Graded Level 3 Meet	Kendal	Carlisle Aq	3
2:39.73	323	H	18/06/11	15th Copeland Graded Gala	Whitehaven	Carlisle Aq	4
2:43.36	302	H	19/03/11	Cumbria County Championships	Whitehaven	Carlisle Aq	2
2:48.33	276	F	25/09/10	Ulverston Graded Open Meet	Kendal	Carlisle Aq	3
2:49.08	272	H	06/02/11	Harrogate District 29th Open Meet	Harrogate	Carlisle Aq	2
2:50.77	264	H	10/07/10	Newburn 4th Summer Meet	Stanley	Carlisle Aq	3
2:51.02	263	H	04/12/10	Wear Valley Xmas Meet	Woodhouse Close LC	Carlisle Aq	3
2:51.32	262	H	24/10/10	Harrogate Junior Open Meet	Harrogate	Carlisle Aq	2
2:51.72	260	H	06/03/10	Cumbria County Champs	Kendal	Carlisle Aq	2
3:01.44	220	H	25/10/09	Harrogate Junior Meet	Harrogate	Carlisle Aq	2
3:11.77	186	H	14/03/09	Cumbria County Champs	Whitehaven	Carlisle Aq	2
3:12.82	183	H	24/05/09	N West Inter Assoc Champs	Salford	Carlisle Aq	2
3:25.03	152	H	11/01/09	Newburn New Year Graded Mt	Newcastle upon Tyne	Carlisle Aq	3
3:25.82	151	H	29/11/08	Cumbria Autumn Graded	Workington	Carlisle Aq	2
3:28.34	145	H	01/03/08	Cumbria County Champs	Kendal	Carlisle Aq	2
3:32.66	137	H	12/07/08	Newburn Non-National Qual	Stanley	Carlisle Aq	3
3:33.74	136	H	20/01/08	Newburn 2008 Annual Mt	Newburn	Carlisle Aq	3

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