

# Individual Best Times (All Time)

Ben Leighton - (448100) - Carlisle Aquatics - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:21.96	411	H	17/11/13	Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
2:23.11	402	H	16/03/14	Cumbria County Championships	Whitehaven	Carlisle Aq	2
2:23.12	402	H	06/07/13	Newburn ASC 7th Annual Summer Gala	Tynemouth	Carlisle Aq	3
2:23.55	398	H	03/11/13	Wear Valley ASC Guy Fawkes Level 3 Meet	Bishop Auckland	Carlisle Aq	3
2:25.64	381	H	17/03/13	Cumbria County Championships	Whitehaven	Carlisle Aq	2
2:26.84	372	H	18/03/12	Cumbria Age Groups & County Championships	Whitehaven	Carlisle Aq	2
2:28.51	359	H	07/09/13	Workington 4th Presidents Open Meet	Workington	Carlisle Aq	3
2:30.98	342	H	22/09/12	Cumbrian 2012 Inter Association Qualifier	Carlisle	Carlisle Aq	3
2:31.17	341	H	23/10/11	Harrogate Junior Meet	Harrogate	Carlisle Aq	2
2:31.75	337		13/01/13	Gateshead & Whickham Open Graded Meet	Dunston	Carlisle Aq	3
2:32.02	335	H	24/11/12	2012 Cumbrian Autumn Graded Series	Workington	Carlisle Aq	3
2:37.39	302	F	28/05/11	North Midlands District Inter Assoc Gala	Macclesfield	Carlisle Aq	2
2:38.20	297	H	20/03/11	Cumbria County Championships	Whitehaven	Carlisle Aq	2
2:39.84	288	H	24/10/10	Harrogate Junior Open Meet	Harrogate	Carlisle Aq	2
2:41.45	280	H	07/03/10	Cumbria County Champs	Kendal	Carlisle Aq	2
2:41.57	279	H	30/04/11	City of Salford Spring Meet	Salford	Carlisle Aq	3
2:42.71	273	H	30/05/10	North West Inter Ass 2010	Bury	Carlisle Aq	2
2:46.41	255	H	30/01/10	28th Harrogate Open Meet	Harrogate	Carlisle Aq	2
2:54.33	222	H	06/12/09	Wear Valley Christmas Mt	Bishop Auckland	Carlisle Aq	3
2:54.67	221	H	25/10/09	Harrogate Junior Meet	Harrogate	Carlisle Aq	2
2:55.72	217	H	24/05/09	N West Inter Assoc Champs	Salford	Carlisle Aq	2
2:57.04	212	H	15/03/09	Cumbria County Champs	Whitehaven	Carlisle Aq	2
3:12.62	164	H	29/11/08	Cumbria Autumn Graded	Workington	Carlisle Aq	2
3:20.13	147	H	02/03/08	Cumbria County Champs	Kendal	Carlisle Aq	2
3:25.06	136	H	01/12/07	Cumbria Autumn Graded	Whitehaven	Carlisle Aq	3
3:25.06	136	H	01/12/07	Cheshire 3rd County Meet	Macclesfield	Carlisle Aq	3

## Swims in Date Order

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2:23.11	402	H	16/03/14	Cumbria County Championships	Whitehaven	Carlisle Aq	2
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2:28.51	359	H	07/09/13	Workington 4th Presidents Open Meet	Workington	Carlisle Aq	3
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2:26.84	372	H	18/03/12	Cumbria Age Groups & County Championships	Whitehaven	Carlisle Aq	2
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