

Individual Best Times (All Time)

Ben Leighton - (448100) - Carlisle Aquatics - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.59	382	F	01/12/13	Dumfries Advent Open Meet	Dumfries	Carlisle Aq	2
1:06.68	380	H	15/03/14	Cumbria County Championships	Whitehaven	Carlisle Aq	2
1:06.90	377	F	15/03/14	Cumbria County Championships	Whitehaven	Carlisle Aq	2
1:06.96	376	H	17/11/13	Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
1:08.49	351	F	28/09/13	Ulverston ASC Graded Age Group Meet 2013	Kendal	Carlisle Aq	3
1:09.13	341	F	16/03/13	Cumbria County Championships	Whitehaven	Carlisle Aq	2
1:09.15	341	H	16/03/13	Cumbria County Championships	Whitehaven	Carlisle Aq	2
1:09.38	338	H	27/04/13	Chester Le Street Open Meet	Stanley	Carlisle Aq	3
1:10.34	324	H	24/03/12	Cumbria Age Groups & County Champs	Kendal	Carlisle Aq	2
1:10.34	324	H	24/11/12	2012 Cumbria Autumn Graded Series	Kendal	Carlisle Aq	3
1:10.44	322	F	24/03/12	Cumbria Age Groups & County Champs	Kendal	Carlisle Aq	2
1:10.83	317		12/01/13	Gateshead & Whickham Open Graded Meet	Dunston	Carlisle Aq	3
1:11.04	314	H	19/11/11	Cumbria Autumn Graded Series	Whitehaven	Carlisle Aq	3
1:11.14	313	H	16/06/12	Copeland ASC 18th Graded Gala	Whitehaven	Carlisle Aq	4
1:12.65	294	F	24/09/11	Ulverston ASC Graded Level 3 Meet	Kendal	Carlisle Aq	3
1:13.47	284	F	29/09/12	Ulverston ASC Graded Open Age Group Meet	Kendal	Carlisle Aq	3
1:14.77	270	F	26/03/11	Cumbria County Championships	Kendal	Carlisle Aq	2
1:14.98	267	H	26/03/11	Cumbria County Championships	Kendal	Carlisle Aq	2
1:15.89	258	H	06/02/11	Harrogate District 29th Open Meet	Harrogate	Carlisle Aq	2
1:16.39	253	F	29/05/11	North Midlands District Inter Assoc Gala	Macclesfield	Carlisle Aq	2
1:16.45	252	H	04/12/10	Wear Valley Xmas Meet	Woodhouse Close LC	Carlisle Aq	3
1:16.55	251	F	12/09/10	Haddington 100's	Prestonpans	Carlisle Aq	2
1:18.07	237	F	25/09/10	Ulverston Graded Open Meet	Kendal	Carlisle Aq	3
1:18.41	234	H	10/07/10	Newburn 4th Summer Meet	Stanley	Carlisle Aq	3
1:23.80	191	H	11/07/09	Newburn Summer Meet	Stanley	Carlisle Aq	3
1:39.62	114	H	12/07/08	Newburn Non-National Qual	Stanley	Carlisle Aq	3

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