

# Individual Best Times (All Time)

Ben Leighton - (448100) - Carlisle Aquatics - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.92	332	H	26/01/14	2014 Cumbria Winter Meet	Whitehaven	Carlisle Aq	3
33.19	295	H	24/11/12	2012 Cumbria Autumn Graded Series	Kendal	Carlisle Aq	3
33.43	289	H	24/03/12	Cumbria Age Groups & County Champs	Kendal	Carlisle Aq	2
34.85	255	H	26/03/11	Cumbria County Championships	Kendal	Carlisle Aq	2
35.03	251	H	07/05/11	Copeland ASC Bill & Monica Griffin Gala	Whitehaven	Carlisle Aq	4
35.17	248	H	24/10/10	Harrogate Junior Open Meet	Harrogate	Carlisle Aq	2
35.40	243	H	30/05/10	North West Inter Ass 2010	Bury	Carlisle Aq	2
35.52	241	H	08/05/10	Copeland Griffin Gala	Whitehaven	Carlisle Aq	4
35.58	239	F	13/03/10	Cumbria County Champs	Whitehaven	Carlisle Aq	2
35.85	234	H	06/02/11	Harrogate District 29th Open Meet	Harrogate	Carlisle Aq	2
35.97	232	H	13/03/10	Cumbria County Champs	Whitehaven	Carlisle Aq	2
36.38	224	H	31/01/10	28th Harrogate Open Meet	Harrogate	Carlisle Aq	2
37.00	213	H	11/07/10	Newburn 4th Summer Meet	Stanley	Carlisle Aq	3
37.99	197	H	09/05/09	Copeland Junior Sprints	Whitehaven	Carlisle Aq	4
38.10	195	F	21/03/09	Cumbria County Champs	Kendal	Carlisle Aq	2
38.11	195	H	25/10/09	Harrogate Junior Meet	Harrogate	Carlisle Aq	2
38.72	186	H	12/07/09	Newburn Summer Meet	Stanley	Carlisle Aq	3
39.06	181	H	23/05/09	N West Inter Assoc Champs	Salford	Carlisle Aq	2
39.79	171	H	21/03/09	Cumbria County Champs	Kendal	Carlisle Aq	2
42.68	139	F	08/03/08	Cumbria County Champs	Copeland	Carlisle Aq	2
43.23	133	H	08/03/08	Cumbria County Champs	Copeland	Carlisle Aq	2

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