

Individual Best Times (All Time)

Ben Leighton - (448100) - Carlisle Aquatics - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
27.60	389	H	16/03/14	Cumbria County Championships	Whitehaven	Carlisle Aq	2
27.98	374	H	26/01/14	2014 Cumbria Winter Meet	Whitehaven	Carlisle Aq	3
28.59	350	H	15/06/13	Copeland ASC 17th Graded Gala	Whitehaven	Carlisle Aq	3
28.94	338	H	27/04/13	Chester Le Street Open Meet	Stanley	Carlisle Aq	3
29.21	328	H	17/03/12	Cumbria Age Groups & County Championships	Whitehaven	Carlisle Aq	2
29.35	324		12/01/13	Gateshead & Whickham Open Graded Meet	Dunston	Carlisle Aq	3
29.44	321	H	16/06/12	Copeland ASC 18th Graded Gala	Whitehaven	Carlisle Aq	4
29.48	319	H	24/11/12	2012 Cumbrian Autumn Graded Series	Workington	Carlisle Aq	3
30.25	296	H	19/03/11	Cumbria County Championships	Whitehaven	Carlisle Aq	2
30.96	276	H	07/05/11	Copeland ASC Bill & Monica Griffin Gala	Whitehaven	Carlisle Aq	4
31.58	260	H	24/10/10	Harrogate Junior Open Meet	Harrogate	Carlisle Aq	2
31.69	257	F	06/03/10	Cumbria County Champs	Kendal	Carlisle Aq	2
31.80	254	H	06/03/10	Cumbria County Champs	Kendal	Carlisle Aq	2
31.82	254	H	08/05/10	Copeland Griffin Gala	Whitehaven	Carlisle Aq	4
32.40	240	H	10/07/10	Newburn 4th Summer Meet	Stanley	Carlisle Aq	3
33.10	225	H	25/10/09	Harrogate Junior Meet	Harrogate	Carlisle Aq	2
33.88	210	H	09/05/09	Copeland Junior Sprints	Whitehaven	Carlisle Aq	4
34.48	199	F	14/03/09	Cumbria County Champs	Whitehaven	Carlisle Aq	2
34.54	198	H	14/03/09	Cumbria County Champs	Whitehaven	Carlisle Aq	2
34.68	196	H	04/07/09	Copeland Graded Gala	Whitehaven	Carlisle Aq	4
36.90	163	H	29/11/08	Cumbria Autumn Graded	Workington	Carlisle Aq	2
37.70	152	H	01/03/08	Cumbria County Champs	Kendal	Carlisle Aq	2
37.75	152	F	01/03/08	Cumbria County Champs	Kendal	Carlisle Aq	2
38.54	143	H	12/07/08	Newburn Non-National Qual	Stanley	Carlisle Aq	3
41.51	114	H	20/01/08	Newburn 2008 Annual Mt	Newburn	Carlisle Aq	3
42.14	109	H	01/12/07	Cumbria Autumn Graded	Whitehaven	Carlisle Aq	3
42.44	100	H	01/12/07	Cumbria Autumn Graded	Whitehaven	Carlisle Aq	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
27.60	389	H	16/03/14	Cumbria County Championships	Whitehaven	Carlisle Aq	2
27.98	374	H	26/01/14	2014 Cumbria Winter Meet	Whitehaven	Carlisle Aq	3
28.59	350	H	15/06/13	Copeland ASC 17th Graded Gala	Whitehaven	Carlisle Aq	3
28.94	338	H	27/04/13	Chester Le Street Open Meet	Stanley	Carlisle Aq	3
29.35	324		12/01/13	Gateshead & Whickham Open Graded Meet	Dunston	Carlisle Aq	3
29.48	319	H	24/11/12	2012 Cumbrian Autumn Graded Series	Workington	Carlisle Aq	3
29.44	321	H	16/06/12	Copeland ASC 18th Graded Gala	Whitehaven	Carlisle Aq	4
29.21	328	H	17/03/12	Cumbria Age Groups & County Championships	Whitehaven	Carlisle Aq	2
30.96	276	H	07/05/11	Copeland ASC Bill & Monica Griffin Gala	Whitehaven	Carlisle Aq	4
30.25	296	H	19/03/11	Cumbria County Championships	Whitehaven	Carlisle Aq	2
31.58	260	H	24/10/10	Harrogate Junior Open Meet	Harrogate	Carlisle Aq	2
32.40	240	H	10/07/10	Newburn 4th Summer Meet	Stanley	Carlisle Aq	3
31.82	254	H	08/05/10	Copeland Griffin Gala	Whitehaven	Carlisle Aq	4
31.69	257	F	06/03/10	Cumbria County Champs	Kendal	Carlisle Aq	2
31.80	254	H	06/03/10	Cumbria County Champs	Kendal	Carlisle Aq	2
33.10	225	H	25/10/09	Harrogate Junior Meet	Harrogate	Carlisle Aq	2
34.68	196	H	04/07/09	Copeland Graded Gala	Whitehaven	Carlisle Aq	4
33.88	210	H	09/05/09	Copeland Junior Sprints	Whitehaven	Carlisle Aq	4
34.48	199	F	14/03/09	Cumbria County Champs	Whitehaven	Carlisle Aq	2
34.54	198	H	14/03/09	Cumbria County Champs	Whitehaven	Carlisle Aq	2
36.90	163	H	29/11/08	Cumbria Autumn Graded	Workington	Carlisle Aq	2
38.54	143	H	12/07/08	Newburn Non-National Qual	Stanley	Carlisle Aq	3
37.75	152	F	01/03/08	Cumbria County Champs	Kendal	Carlisle Aq	2
37.70	152	H	01/03/08	Cumbria County Champs	Kendal	Carlisle Aq	2
41.51	114	H	20/01/08	Newburn 2008 Annual Mt	Newburn	Carlisle Aq	3
42.14	109	H	01/12/07	Cumbria Autumn Graded	Whitehaven	Carlisle Aq	3
42.14	109	H	01/12/07	Cheshire 3rd County Meet	Macclesfield	Carlisle Aq	3