

Individual Best Times (All Time)

Ellis Smith - (445339) - Heads of the Valleys - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:07.55	192	F	02/02/14	South East Wales Regional Championships	Newport	Heads Valley	2
6:25.66	166	F	30/11/13	South East Wales Sub Regional Gala	Newport	Heads Valley	4

Swims in Date Order

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