

Individual Best Times (All Time)

Rory Duncan - (440467) - Borough of Harrow S C - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:59.68	299	F	02/11/14	Ealing Level 3 Open Meet	Northolt	Bo Of Harrow	3
3:01.56	289	F	28/06/15	BHSC End of Season Early County Qualifier	Hendon	Bo Of Harrow	3
3:02.00	287	F	22/02/14	The Borough of Harrow John Basford Open Meet	London	Bo Of Harrow	3
3:04.39	276	F	28/09/14	Borough of Harrow Club Championships	Barnet	Bo Of Harrow	4
3:08.24	260	F	14/07/13	Staines Black Swan Summer Meet	Elmbridge	Bo Of Harrow	3
3:08.81	257	F	02/11/13	The Borough of Harrow Club Championships	Barnet	Bo Of Harrow	4
3:11.08	248	F	16/06/13	Borough of Harrow SC End of Season Open Meet	Barnet	Bo Of Harrow	3
3:12.64	242	F	24/03/12	Middlesex Bagcat & Youths County Champs	Enfield	Bo Of Harrow	2
3:13.69	238	F	15/07/12	Staines SC Black Swan Summer Meet	Walton on Thames	Bo Of Harrow	3
3:15.27	233	F	16/12/12	Borough of Harrow SC Christmas Cracker	London	Bo Of Harrow	3
3:17.53	225	F	23/09/12	Borough of Harrow SC Club Championships	Harrow	Bo Of Harrow	4
3:20.16	216		16/10/11	Barnet Cophall 200 Meet	Barnet	Bo Of Harrow	4
3:21.57	211		09/07/11	Edmonton Phoenix Junior Open	Enfield	Bo Of Harrow	4
3:25.80	199		19/11/11	Borough of Harrow Winter Open Meet	Barnet	Bo Of Harrow	2
3:27.12	195	F	06/03/11	Middlesex County Championships	Enfield	Bo Of Harrow	2
3:27.63	193		15/05/11	Barnet Cophall Kate Lock Meet	Barnet	Bo Of Harrow	1
3:27.97	192		25/09/11	Borough of Harrow Club Championships	Harrow	Bo Of Harrow	4
3:35.31	173	H	23/01/11	Windsor Level 2 Open Meet	Maidenhead	Bo Of Harrow	2
3:37.18	169		17/10/10	Barnet Cophall 200 Meet	Barnet	Bo Of Harrow	3
3:40.37	162	F	23/10/10	Middlesex Autumn Development Meet	Enfield	Bo Of Harrow	4
3:41.83	158		31/10/10	The Borough of Harrow	Barnet	Bo Of Harrow	4
3:47.34	147	F	18/04/10	Middlesex Development	Enfield	Bo Of Harrow	4
4:24.06	94		18/10/09	Barnet Cophall 200 Meet	Barnet	Bo Of Harrow	3

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