

Individual Best Times (All Time)

Rory Duncan - (440467) - Borough of Harrow S C - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:20.49	323	F	27/06/15	BHSC End of Season Early County Qualifier	Hendon	Bo Of Harrow	3
1:22.95	295	F	01/11/14	Ealing Level 3 Open Meet	Northolt	Bo Of Harrow	3
1:25.98	265		05/10/14	Barnet Cophall 100 Meet	Barnet	Bo Of Harrow	3
1:28.07	247	F	03/11/13	The Borough of Harrow Club Championships	Barnet	Bo Of Harrow	4
1:28.13	246	F	28/09/14	Borough of Harrow Club Championships	Barnet	Bo Of Harrow	4
1:28.65	242	F	13/07/13	Staines Black Swan Summer Meet	Elmbridge	Bo Of Harrow	3
1:30.39	228	F	16/12/12	Borough of Harrow SC Christmas Cracker	London	Bo Of Harrow	3
1:30.56	227	H	18/03/12	Middlesex County Championships	Enfield	Bo Of Harrow	2
1:30.56	227	F	16/06/13	Borough of Harrow SC End of Season Open Meet	Barnet	Bo Of Harrow	3
1:30.96	224		12/05/13	Barnet Cophall SC Kate Lack Trophy Meet	Hendon	Bo Of Harrow	3
1:31.58	219	F	18/03/12	Middlesex County Championships	Enfield	Bo Of Harrow	2
1:33.01	209	F	23/09/12	Borough of Harrow SC Club Championships	Harrow	Bo Of Harrow	4
1:33.45	206	F	06/11/11	Ealing November Development Meet	Ealing	Bo Of Harrow	4
1:36.54	187		09/07/11	Edmonton Phoenix Junior Open	Enfield	Bo Of Harrow	4
1:36.60	187	H	16/07/11	Fareham Nomads Summer Open Meet	Southampton	Bo Of Harrow	3
1:38.95	174		25/09/11	Borough of Harrow Club Championships	Harrow	Bo Of Harrow	4
1:39.17	173		15/05/11	Barnet Cophall Kate Lock Meet	Barnet	Bo Of Harrow	1
1:40.36	167		13/02/11	The Borough of Harrow John Basford Open Me	Barnet	Bo Of Harrow	4
1:43.80	151	F	23/10/10	Middlesex Autumn Development Meet	Enfield	Bo Of Harrow	4
1:44.16	149		31/10/10	The Borough of Harrow	Barnet	Bo Of Harrow	4
1:47.67	135	F	20/03/10	Ealing March Development	Northolt	Bo Of Harrow	4
1:57.67	103		28/09/09	Harrow & Wealdstone Champs	Barnet	Bo Of Harrow	4

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