

# Individual Best Times (All Time)

Rory Duncan - (440467) - Borough of Harrow S C - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.91	335	F	19/09/16	Borough of Harrow Club Championships	Hendon	Bo Of Harrow	4
36.81	311	F	16/06/15	Borough of Harrow Club Championships	Hendon	Bo Of Harrow	4
37.43	296	F	28/06/15	BHSC End of Season Early County Qualifier	Hendon	Bo Of Harrow	3
37.59	292	F	27/09/14	Borough of Harrow Club Championships	Barnet	Bo Of Harrow	4
37.59	292	F	25/11/14	Bo Harrow County Time Trials	Northwood	Bo Of Harrow	4
38.07	281	F	01/11/14	Ealing Level 3 Open Meet	Northolt	Bo Of Harrow	3
40.42	235	F	14/07/13	Staines Black Swan Summer Meet	Elmbridge	Bo Of Harrow	3
40.67	230	F	02/11/13	The Borough of Harrow Club Championships	Barnet	Bo Of Harrow	4
41.46	217		12/05/13	Barnet Cophthall SC Kate Lack Trophy Meet	Hendon	Bo Of Harrow	3
41.49	217	F	16/06/13	Borough of Harrow SC End of Season Open Meet	Barnet	Bo Of Harrow	3
41.61	215	F	07/10/12	MCASA Short Course Championships	Northolt	Bo Of Harrow	2
41.90	211	F	26/02/12	Middlesex County Championships	Enfield	Bo Of Harrow	2
42.16	207	F	16/12/12	Borough of Harrow SC Christmas Cracker	London	Bo Of Harrow	3
42.98	195	F	15/07/12	Staines SC Black Swan Summer Meet	Walton on Thames	Bo Of Harrow	3
43.22	192		19/11/11	Borough of Harrow Winter Open Meet	Barnet	Bo Of Harrow	2
43.29	191	F	05/11/11	Ealing November Development Meet	Ealing	Bo Of Harrow	4
44.39	177	H	17/07/11	Fareham Nomads Summer Open Meet	Southampton	Bo Of Harrow	3
44.80	172		24/09/11	Borough of Harrow Club Championships	Harrow	Bo Of Harrow	4
45.37	166		15/05/11	Barnet Cophthall Kate Lock Meet	Barnet	Bo Of Harrow	1
45.40	165		09/07/11	Edmonton Phoenix Junior Open	Enfield	Bo Of Harrow	4
46.86	150		13/02/11	The Borough of Harrow John Basford Open Me	Barnet	Bo Of Harrow	4
47.72	142	F	08/01/11	Linslade Crusaders Last Chance Open Meet	Milton Keynes	Bo Of Harrow	4
48.56	135		20/06/10	Borough Of Harrow Open Meet	Barnet	Bo Of Harrow	4
49.37	129	F	20/03/10	Ealing March Development	Northolt	Bo Of Harrow	4
49.78	125		03/04/10	Basingstoke Bluefins Meet	Basingstoke	Bo Of Harrow	4
49.95	124	F	21/02/10	Middlesex County Champs	Enfield	Bo Of Harrow	2
50.07	117	F	24/04/10	Middlesex Development	Enfield	Bo Of Harrow	4

30.07	117	F	24/04/10	Middlesex Development	Enfield	Bo Of Harrow	4
53.23	102		25/04/09	MCASA Spring Development	Enfield	Bo Of Harrow	4
55.11	92		27/09/09	Harrow & Wealdstone Champs	Barnet	Bo Of Harrow	4
59.36	74		15/11/08	Harrow & Wealdstone Club	Barnet	Bo Of Harrow	4

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