

Individual Best Times (All Time)

Rory Duncan - (440467) - Borough of Harrow S C - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:01.87	542	H	05/11/16	London Region Winter Championships	Stratford	Bo Of Harrow	2
2:02.25	537	F	24/01/16	MCASA County Championships 2016	Barnet	Bo Of Harrow	2
2:04.81	504	H	17/10/15	Bishops Stortford 7th Autumn Open Meet	Borehamwood		2
2:06.63	483	F	18/01/15	Middlesex County Championships 2015	Hendon	Bo Of Harrow	2
2:07.40	474	H	08/11/15	ASA London Region Winter Short Course Championship	London		2
2:08.57	461	F	28/06/15	BHSC End of Season Early County Qualifier	Hendon	Bo Of Harrow	3
2:09.10	456	F	28/09/14	Borough of Harrow Club Championships	Barnet	Bo Of Harrow	4
2:10.83	438	F	23/03/14	Middlesex County Championships	Enfield	Bo Of Harrow	2
2:13.18	415	F	14/07/13	Staines Black Swan Summer Meet	Elmbridge	Bo Of Harrow	3
2:13.49	412	F	13/03/13	Middlesex County Championships	Enfield	Bo Of Harrow	2
2:13.91	408	F	22/06/14	Borough of Harrow End of Season Open Meet	Barnet	Bo Of Harrow	3
2:14.00	407	H	18/10/14	Bishop's Stortford 6th Autumn Open Meet	Borehamwood		3
2:14.83	400		12/05/13	Barnet Cophall SC Kate Lack Trophy Meet	Hendon	Bo Of Harrow	3
2:15.70	392	F	03/11/13	The Borough of Harrow Club Championships	Barnet	Bo Of Harrow	4
2:15.73	392	F	16/06/13	Borough of Harrow SC End of Season Open Meet	Barnet	Bo Of Harrow	3
2:15.81	391	F	15/07/12	Staines SC Black Swan Summer Meet	Walton on Thames	Bo Of Harrow	3
2:17.90	374	F	16/12/12	Borough of Harrow SC Christmas Cracker	London	Bo Of Harrow	3
2:19.05	364	F	06/10/12	MCASA Short Course Championships	Northolt	Bo Of Harrow	2
2:20.11	356	F	23/09/12	Borough of Harrow SC Club Championships	Harrow	Bo Of Harrow	4
2:20.80	351	F	18/03/12	Middlesex County Championships	Enfield	Bo Of Harrow	2
2:25.11	321	H	16/07/11	Fareham Nomads Summer Open Meet	Southampton	Bo Of Harrow	3
2:25.51	318		19/11/11	Borough of Harrow Winter Open Meet	Barnet	Bo Of Harrow	2
2:26.38	312		25/09/11	Borough of Harrow Club Championships	Harrow	Bo Of Harrow	4
2:28.67	298	F	05/03/11	Middlesex County Championships	Enfield	Bo Of Harrow	2
2:29.33	294		16/10/11	Barnet Cophall 200 Meet	Barnet	Bo Of Harrow	4
2:29.60	293		09/07/11	Edmonton Phoenix Junior Open	Enfield	Bo Of Harrow	4
2:30.50	287		15/05/11	Barnet Cophall Kate Lack Meet	Barnet	Bo Of Harrow	4

2:30.30	207		13/03/11	Barnet Cophthall Kate Lock Meet	Barnet	Bo Of Harrow	1
2:33.72	270		28/11/10	Watford Middle Distance	Watford	Bo Of Harrow	2
2:33.86	269	H	22/01/11	Windsor Level 2 Open Meet	Maidenhead	Bo Of Harrow	2
2:34.09	268		31/10/10	The Borough of Harrow	Barnet	Bo Of Harrow	4
2:37.44	251		17/10/10	Barnet Cophthall 200 Meet	Barnet	Bo Of Harrow	3
2:37.88	249	F	14/03/10	Middlesex County Champs	Enfield	Bo Of Harrow	2
2:53.92	186		18/10/09	Barnet Cophthall 200 Meet	Barnet	Bo Of Harrow	3
2:59.64	169		28/09/09	Harrow & Wealdstone Champs	Barnet	Bo Of Harrow	4

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