

Individual Best Times (All Time)

Rory Duncan - (440467) - Borough of Harrow S C - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:05.69	422	H	30/01/16	MCASA County Championships 2016	Barnet	Bo Of Harrow	2
1:06.18	412	F	19/09/16	Borough of Harrow Club Championships	Hendon	Bo Of Harrow	4
1:08.44	373	F	16/06/15	Borough of Harrow Club Championships	Hendon	Bo Of Harrow	4
1:08.66	369	F	25/11/14	Bo Harrow County Time Trials	Northwood	Bo Of Harrow	4
1:09.03	363	H	19/01/15	Middlesex County Championships 2015	Hendon	Bo Of Harrow	2
1:09.27	360	F	27/06/15	BHSC End of Season Early County Qualifier	Hendon	Bo Of Harrow	3
1:10.26	345	F	02/11/14	Ealing Level 3 Open Meet	Northolt	Bo Of Harrow	3
1:10.30	344	H	17/10/15	Bishops Stortford 7th Autumn Open Meet	Borehamwood		2
1:11.72	324	F	28/09/14	Borough of Harrow Club Championships	Barnet	Bo Of Harrow	4
1:12.15	318	H	18/10/14	Bishop's Stortford 6th Autumn Open Meet	Borehamwood		3
1:13.19	305		05/10/14	Barnet Cophall 100 Meet	Barnet	Bo Of Harrow	3
1:13.56	300	F	21/06/14	Borough of Harrow End of Season Open Meet	Barnet	Bo Of Harrow	3
1:14.28	292	H	12/03/13	Middlesex County Championships	Enfield	Bo Of Harrow	2
1:17.44	257	H	24/03/12	Middlesex Bagcat & Youths County Champs	Enfield	Bo Of Harrow	2
1:18.69	245	F	06/10/12	MCASA Short Course Championships	Northolt	Bo Of Harrow	2
1:19.48	238		19/11/11	Borough of Harrow Winter Open Meet	Barnet	Bo Of Harrow	2
1:21.23	223		09/07/11	Edmonton Phoenix Junior Open	Enfield	Bo Of Harrow	4
1:22.29	214	H	13/03/11	Middlesex County Championships	Enfield	Bo Of Harrow	2
1:22.41	213		25/09/11	Borough of Harrow Club Championships	Harrow	Bo Of Harrow	4
1:27.39	179	F	23/10/10	Middlesex Autumn Development Meet	Enfield	Bo Of Harrow	4
1:27.77	177		20/06/10	Borough Of Harrow Open Meet	Barnet	Bo Of Harrow	4
1:30.34	162	H	13/03/10	Middlesex County Champs	Enfield	Bo Of Harrow	2
1:30.86	159	F	20/03/10	Ealing March Development	Northolt	Bo Of Harrow	4
1:39.12	122		28/09/09	Harrow & Wealdstone Champs	Barnet	Bo Of Harrow	4

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