



1:30.13	331	H	31/10/10	City of Salford Gala	Salford	SwimTrafford	
1:30.82	323	H	18/07/10	Salford Spectacular	Salford	SwimTrafford	3
1:30.88	323	H	25/04/10	Satellite Open Meet	Macclesfield	SwimTrafford	2
1:31.45	317	F	25/04/10	Satellite Open Meet	Macclesfield	SwimTrafford	2
1:38.77	251	F	25/04/09	City of Derby Open Meet	Derby	SwimTrafford	2
1:39.31	247	H	01/11/09	Potential Olympians Gala	Broughton	SwimTrafford	2
1:39.53	245	H	25/04/09	City of Derby Open Meet	Derby	SwimTrafford	2
1:41.72	230	H	15/02/09	Bolton & Manchester AG Ch	Manchester	SwimTrafford	2
1:41.99	228		04/07/09	Aquabears of Rochdale	Salford	SwimTrafford	3
1:43.57	218		28/02/09	Menai AA & B Grade Meet	Bangor	SwimTrafford	3
1:50.86	177	H	02/02/08	Bolton & Manchester Meet	Manchester	SwimTrafford	2
2:07.19	117		30/06/07	Bangor Summer Open Meet	Bangor	SwimTrafford	2

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:26.45	375	H	11/01/15	Greater Manchester Age Group Meet 2015	Wigan		3
1:24.23	405	H	17/05/14	Flixton SC Club Championships Sprint Meet	Flixton		4
1:23.59	415	H	25/01/14	Greater Manchester Clubs Age Groups	Manchester	SwimTrafford	3
1:23.47	416	H	28/09/13	Greater Manchester Autumn Meet 2013	Manchester	SwimTrafford	3
1:25.63	386	H	13/07/13	Flixton SC Club Championships Spring Meet	Flixton	SwimTrafford	4
1:23.69	413	H	23/06/13	Preston Guild Summer Spectacular Meet	Darwen	SwimTrafford	3
1:26.19	378	H	28/04/13	Satellites of Macclesfield 26th Open Meet	Macclesfield	SwimTrafford	2
1:24.07	408	H	06/04/13	Bolton Metro Easter Sprint Meet 2013	Bolton	SwimTrafford	3
1:23.52	416	H	26/01/13	Bolton & Manchester District Age Group Com	Manchester	SwimTrafford	3
1:24.15	406	H	01/12/12	ASA North West Regional Championships	Manchester	SwimTrafford	2
1:25.04	394	H	18/11/12	Stafford Apex Licensed Meet	Stafford	SwimTrafford	2
1:24.26	405	H	21/10/12	Bolton & Manchester Championships 2012	Manchester	SwimTrafford	3
1:24.03	408	H	08/07/12	City of Salford SC Summer Spectacular	Salford	SwimTrafford	3
1:22.49	432	F	29/04/12	Satellite of Macclesfield 25th Open Meet	Macclesfield	SwimTrafford	2
1:22.60	430	H	29/04/12	Satellite of Macclesfield 25th Open Meet	Macclesfield	SwimTrafford	2
1:23.04	423	H	28/01/12	Bolton & Manchester District Age Group Meet	Manchester	SwimTrafford	3
1:24.98	395	H	04/12/11	Chesterfield SC Christmas Cracker 2011	Chesterfield	SwimTrafford	3
1:26.65	372	H	27/11/11	Bolton Metro Christmas Sprint Meet	Salford	SwimTrafford	3
1:27.04	367	H	30/10/11	City of Salford Potential Olympian Gala	Salford	SwimTrafford	2
1:26.53	374	F	22/10/11	Wigan Best First Future Stars Open Meet	Wigan	SwimTrafford	2
1:28.27	352	H	17/07/11	The City of Salford Summer Spectacular	Salford	SwimTrafford	3
1:25.72	385	F	02/07/11	Aquabears of Rochdale Open Summer Meet	Salford	SwimTrafford	3
1:28.88	345	F	17/04/11	Satellites of Macclesfield Open Meet	Macclesfield	SwimTrafford	2
1:29.50	338	H	17/04/11	Satellites of Macclesfield Open Meet	Macclesfield	SwimTrafford	2
1:28.55	349	H	27/11/10	Stockport Metro Open Meet	Stockport	SwimTrafford	2
1:30.13	331	H	31/10/10	City of Salford Gala	Salford	SwimTrafford	2
1:30.82	323	H	18/07/10	Salford Spectacular	Salford	SwimTrafford	3
1:29.84	334	F	03/07/10	Aquabears of Rochdale	Salford	SwimTrafford	3
1:31.45	317	F	25/04/10	Satellite Open Meet	Macclesfield	SwimTrafford	2
1:30.88	323	H	25/04/10	Satellite Open Meet	Macclesfield	SwimTrafford	2
1:39.31	247	H	01/11/09	Potential Olympians Gala	Broughton	SwimTrafford	2
1:41.99	228		04/07/09	Aquabears of Rochdale	Salford	SwimTrafford	3
1:38.77	251	F	25/04/09	City of Derby Open Meet	Derby	SwimTrafford	2
1:39.53	245	H	25/04/09	City of Derby Open Meet	Derby	SwimTrafford	2
1:43.57	218		28/02/09	Menai AA & B Grade Meet	Bangor	SwimTrafford	3
1:41.72	230	H	15/02/09	Bolton & Manchester AG Ch	Manchester	SwimTrafford	2
1:50.86	177	H	02/02/08	Bolton & Manchester Meet	Manchester	SwimTrafford	2
2:07.19	117		30/06/07	Bangor Summer Open Meet	Bangor	SwimTrafford	2

