## **Individual Best Times (All Time)**

Ben Swallow - (436088) - Leeds University Aquatics SC - 200 Backstroke - Short Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level	
3:02.56	193	Н	29/11/14	City of Lincoln Pentaqua Club Championships	Lincoln		4	

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:02.	6 193	Н	29/11/14	City of Lincoln Pentaqua Club Championships	Lincoln		4

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