

Individual Best Times (All Time)

Lawrence Sims - (433915) - Frome SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------------|-----------------|-------|
| 2:51.75 | 342 | F | 15/11/14 | Frome Club Championships | Frome | Frome | 4 |
| 3:00.14 | 296 | F | 06/10/12 | Somerset ASA Annual Development Meet | Millfield | Frome | 3 |
| 3:02.61 | 284 | F | 16/12/12 | Yeovil & District 2012 Christmas Open Meet | Millfield | Frome | 3 |
| 3:13.88 | 238 | | 01/10/11 | Somerset ASA Annual Development Meet | Millfield School | Frome | 4 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------------|-----------------|-------|
| 2:51.75 | 342 | F | 15/11/14 | Frome Club Championships | Frome | Frome | 4 |
| 3:02.61 | 284 | F | 16/12/12 | Yeovil & District 2012 Christmas Open Meet | Millfield | Frome | 3 |
| 3:00.14 | 296 | F | 06/10/12 | Somerset ASA Annual Development Meet | Millfield | Frome | 3 |
| 3:13.88 | 238 | | 01/10/11 | Somerset ASA Annual Development Meet | Millfield School | Frome | 4 |