

# Individual Best Times (All Time)

Lawrence Sims - (433915) - Frome SC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet                                       | Venue            | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------------|-----------------|-------|
| 1:13.70 | 421    | H     | 08/03/15 | Somerset ASA Championships                 | Millfield        |                 | 2     |
| 1:14.02 | 416    | H     | 08/03/14 | Somerset County Championships              | Millfield        | Frome           | 2     |
| 1:16.69 | 374    | F     | 15/11/14 | Frome Club Championships                   | Frome            | Frome           | 4     |
| 1:19.15 | 340    | H     | 16/02/13 | Somerset ASA County Championships          | Millfield        | Frome           | 2     |
| 1:20.06 | 329    | F     | 06/10/12 | Somerset ASA Annual Developement Meet      | Millfield        | Frome           | 3     |
| 1:20.27 | 326    | F     | 18/02/12 | Somerset ASA County Championships 2012     | Millfield        | Frome           | 2     |
| 1:21.92 | 307    | F     | 16/12/12 | Yeovil & District 2012 Christmas Open Meet | Millfield        | Frome           | 3     |
| 1:23.87 | 286    | F     | 06/07/13 | Taunton Deane SC Level 3 Summer Meet       | Hutton Moor      | Frome           | 3     |
| 1:28.51 | 243    |       | 01/10/11 | Somerset ASA Annual Development Meet       | Millfield School | Frome           | 4     |
| 1:37.44 | 182    | F     | 28/11/10 | Frome Club Champs                          | Frome            | Frome           | 4     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet                                       | Venue            | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------------|-----------------|-------|
| 1:13.70 | 421    | H     | 08/03/15 | Somerset ASA Championships                 | Millfield        |                 | 2     |
| 1:16.69 | 374    | F     | 15/11/14 | Frome Club Championships                   | Frome            | Frome           | 4     |
| 1:14.02 | 416    | H     | 08/03/14 | Somerset County Championships              | Millfield        | Frome           | 2     |
| 1:23.87 | 286    | F     | 06/07/13 | Taunton Deane SC Level 3 Summer Meet       | Hutton Moor      | Frome           | 3     |
| 1:19.15 | 340    | H     | 16/02/13 | Somerset ASA County Championships          | Millfield        | Frome           | 2     |
| 1:21.92 | 307    | F     | 16/12/12 | Yeovil & District 2012 Christmas Open Meet | Millfield        | Frome           | 3     |
| 1:20.06 | 329    | F     | 06/10/12 | Somerset ASA Annual Developement Meet      | Millfield        | Frome           | 3     |
| 1:20.27 | 326    | F     | 18/02/12 | Somerset ASA County Championships 2012     | Millfield        | Frome           | 2     |
| 1:28.51 | 243    |       | 01/10/11 | Somerset ASA Annual Development Meet       | Millfield School | Frome           | 4     |
| 1:37.44 | 182    | F     | 28/11/10 | Frome Club Champs                          | Frome            | Frome           | 4     |