

Individual Best Times (All Time)

Lawrence Sims - (433915) - Frome SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|------------------|-----------------|-------|
| 28.02 | 372 | H | 09/03/13 | Somerset County Championships | Millfield | Frome | 2 |
| 28.03 | 372 | F | 16/11/14 | Frome Club Championships | Frome | Frome | 4 |
| 28.45 | 355 | H | 22/03/14 | Somerset County Championships | Millfield | Frome | 2 |
| 28.87 | 340 | H | 06/07/13 | Taunton Deane SC Level 3 Summer Meet | Hutton Moor | Frome | 3 |
| 29.20 | 329 | F | 06/07/13 | Taunton Deane SC Level 3 Summer Meet | Hutton Moor | Frome | 3 |
| 29.34 | 324 | F | 16/12/12 | Yeovil & District 2012 Christmas Open Meet | Millfield | Frome | 3 |
| 29.48 | 319 | F | 10/03/12 | Somerset County Championships | Millfield | Frome | 2 |
| 30.40 | 291 | | 02/10/11 | Somerset ASA Annual Development Meet | Millfield School | Frome | 4 |
| 31.97 | 250 | | 12/03/11 | Somerset County Championships | Millfield | Frome | 2 |
| 32.17 | 246 | F | 27/11/10 | Frome Club Champs | Frome | Frome | 4 |
| 34.24 | 204 | | 13/03/10 | Somerset County Champs | Hutton Moor | Frome | 2 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|------------------|-----------------|-------|
| 28.03 | 372 | F | 16/11/14 | Frome Club Championships | Frome | Frome | 4 |
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