

Individual Best Times (All Time)

Matthew McGowan - (425624) - City of Manchester Aquatics - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.90	366	F	16/11/14	Wigan BEST Future Stars Open Meet	Wigan	Co Manch Aq	2
32.56	313	F	17/11/13	Wigan BEST Future Stars Meet	Wigan	Co Manch Aq	1
32.97	301	H	08/12/13	Preston Christmas Countdown 2013	Blackburn	Co Manch Aq	3
34.16	271	H	16/12/12	Preston SC Christmas Countdown Open Meet	Darwen	Co Manch Aq	3
37.54	204	H	28/01/12	Bolton & Manchester District Age Group Meet	Manchester	Co Manch Aq	3
39.25	178	H	10/12/11	Borough of Barnsley SC Xmas Sprint	Sheffield	Co Manch Aq	3
39.32	177	H	07/05/11	Stockport Metro Mini Meet Grand Prix Serie	Stockport	Co Manch Aq	4
39.99	169	H	29/01/11	Bolton & Manchester Age Group Gala	Manchester	Co Manch Aq	3
40.25	165		22/05/11	Doncaster Dartes SC B Grade Meet	Adwick	Co Manch Aq	4
40.53	162	H	16/10/10	Manchester & District	Manchester	Co Manch Aq	3
40.56	161	H	26/02/11	Stockport Metro Mini Meet Grand Prix Serie	Stockport	Co Manch Aq	4
40.78	159	H	16/10/11	Manchester & District Assoc Swimming Champ	Manchester	Co Manch Aq	3
44.29	124	H	09/05/09	Satellite Open Meet	Macclesfield	Co Manch Aq	2
45.70	113	H	22/11/09	Cheshire County Junior Mt	Macclesfield	Co Manch Aq	3
50.86	82	H	15/11/08	Cheshire County Junior Mt	Macclesfield	Co Manch Aq	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.90	366	F	16/11/14	Wigan BEST Future Stars Open Meet	Wigan	Co Manch Aq	2
32.97	301	H	08/12/13	Preston Christmas Countdown 2013	Blackburn	Co Manch Aq	3
32.56	313	F	17/11/13	Wigan BEST Future Stars Meet	Wigan	Co Manch Aq	1
34.16	271	H	16/12/12	Preston SC Christmas Countdown Open Meet	Darwen	Co Manch Aq	3
37.54	204	H	28/01/12	Bolton & Manchester District Age Group Meet	Manchester	Co Manch Aq	3
39.25	178	H	10/12/11	Borough of Barnsley SC Xmas Sprint	Sheffield	Co Manch Aq	3
40.78	159	H	16/10/11	Manchester & District Assoc Swimming Champ	Manchester	Co Manch Aq	3
40.25	165		22/05/11	Doncaster Dartes SC B Grade Meet	Adwick	Co Manch Aq	4

39.32	177	H	07/05/11	Stockport Metro Mini Meet Grand Prix Serie	Stockport	Co Manch Aq	4
40.56	161	H	26/02/11	Stockport Metro Mini Meet Grand Prix Serie	Stockport	Co Manch Aq	4
39.99	169	H	29/01/11	Bolton & Manchester Age Group Gala	Manchester	Co Manch Aq	3
40.53	162	H	16/10/10	Manchester & District	Manchester	Co Manch Aq	3
45.70	113	H	22/11/09	Cheshire County Junior Mt	Macclesfield	Co Manch Aq	3
44.29	124	H	09/05/09	Satellite Open Meet	Macclesfield	Co Manch Aq	2
50.86	82	H	15/11/08	Cheshire County Junior Mt	Macclesfield	Co Manch Aq	3