

Individual Best Times (All Time)

James Adams - (42505) - Teddington SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:11.20	312		15/11/08	Guildford City Club Chmps	Spectrum	Teddington	4
1:12.63	294		29/06/08	Leatherhead Summer Meet	Dorking	Teddington	3
1:18.36	234	H	27/05/06	Guildford Spring Open	Guildford	Teddington	1
1:20.53	216		05/02/05	Surrey County Championships	Guildford	Teddington	2
1:21.52	208		25/06/06	Leatherhead Summer Meet	Cranleigh	Teddington	3
1:21.55	208	H	03/07/05	Haslemere Summer Open Meet	Haslemere	Teddington	2
1:23.10	196	H	04/07/04	Haslemere Summer Open Meet	Haslemere	Teddington	2

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