

Individual Best Times (All Time)

Alice Sherwin - (423488) - Team Ipswich Swimming - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:44.56	537	H	22/10/11	teamipswich 13th Open Meet	Ipswich	teamipswich	2
4:45.86	529	H	17/03/12	Suffolk County Championships	Newmarket	teamipswich	2
4:46.60	525		20/03/11	Suffolk County Championships	Ipswich	teamipswich	2
5:04.21	439		21/03/10	Suffolk County Champs	Ipswich	teamipswich	2
5:08.13	422	H	23/01/10	teamipswich 11th Open Meet	Ipswich	teamipswich	2
5:11.03	411		22/11/09	Deben Open Meet	Deben	teamipswich	4
5:41.63	310		22/03/09	Suffolk County Champs	Ipswich	teamipswich	2

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