

Individual Best Times (All Time)

Alice Sherwin - (423488) - Team Ipswich Swimming - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.40	564	H	14/03/15	Suffolk County Championships	Ipswich	teamipswich	2
1:07.03	549	H	07/12/14	ASA East Region Winter Championships	Luton		2
1:07.29	542	F	14/03/15	Suffolk County Championships	Ipswich	teamipswich	2
1:07.78	531	F	17/01/15	Teamipswich Swimming January Open Meet	Ipswich	teamipswich	3
1:07.94	527	F	12/07/15	Teamipswich July Surprize Open 2015	Ipswich	teamipswich	3
1:08.04	525	F	15/03/14	Suffolk County Championships	Ipswich	teamipswich	2
1:08.21	521	F	20/02/16	Suffolk County Championships 2016	Ipswich	teamipswich	2
1:08.31	518	F	15/03/14	Suffolk County Championships	Ipswich	teamipswich	2
1:08.48	514	H	02/12/12	ASA East Region Winter Championships	Cambridge	teamipswich	2
1:08.63	511	F	17/07/16	Teamipswich July Surprize Meet 2016	Ipswich	teamipswich	3
1:08.68	510	F	23/11/14	Teamipswich Club Championships	Ipswich	teamipswich	4
1:08.74	509	H	08/11/15	ASA East Region Winter Championships 2015	Luton		2
1:08.86	506	F	19/03/16	Teamipswich March Open 2016	Ipswich	teamipswich	3
1:09.09	501	F	02/12/12	ASA East Region Winter Championships	Cambridge	teamipswich	2
1:09.15	500	F	20/02/16	Suffolk County Championships 2016	Ipswich	teamipswich	2
1:09.42	494	F	28/09/14	Teamipswich SC Early Season Open Meet	Ipswich	teamipswich	3
1:09.48	493	F	13/07/14	Teamipswich SC July Surprize Open	Ipswich	teamipswich	3
1:09.58	490	F	01/11/14	Teamipswich Open Meet	Ipswich	teamipswich	3
1:09.61	490	F	16/03/13	Suffolk County Championships	Ipswich	teamipswich	2
1:09.77	486	F	16/03/13	Suffolk County Championships	Ipswich	teamipswich	2
1:09.81	486		27/11/11	Teamipswich Club Championships	Ipswich	teamipswich	4
1:09.87	484	F	18/11/12	Teamipswich Club Championships	Ipswich	teamipswich	4
1:10.17	478	F	03/11/13	Teamipswich Swimming November Open Meet	Ipswich	teamipswich	3
1:10.40	473	H	22/10/11	teamipswich 13th Open Meet	Ipswich	teamipswich	2
1:10.97	462	H	27/10/12	Teamipswich 14th Open Meet	Ipswich	teamipswich	2
1:11.11	459	F	19/01/14	Teamipswich January Last Chance Meet	Ipswich	teamipswich	3
1:11.53	454	F	24/11/13	Teamipswich Club Championships	Ipswich	teamipswich	4

1:11.55	451	F	24/11/13	teamipswich Club Championships	ipswich	teamipswich	4
1:11.77	447	F	27/09/15	Teamipswich Club Championships 2015	ipswich	teamipswich	4
1:12.63	431		05/03/11	Suffolk County Championships	ipswich	teamipswich	2
1:12.79	428		05/03/11	Suffolk County Championships	ipswich	teamipswich	2
1:13.02	424	H	08/01/11	teamipswich 12th Licensed Open Meet	ipswich	teamipswich	3
1:13.73	412	H	24/10/10	teamipswich 25th Open Meet	ipswich	teamipswich	2
1:14.54	399	H	11/07/10	Teamipswich Summer Sprint	ipswich	teamipswich	3
1:14.96	392		07/03/10	Suffolk County Champs	ipswich	teamipswich	2
1:15.67	381		07/03/10	Suffolk County Champs	ipswich	teamipswich	2
1:18.44	342	H	23/01/10	teamipswich 11th Open Meet	ipswich	teamipswich	2
1:19.82	325	H	31/10/09	teamipswich Junior Open	ipswich	teamipswich	2
1:20.99	311	H	11/07/09	teamipswich Summer Sprints	ipswich	teamipswich	3
1:21.08	310		08/03/09	Suffolk County Champs	ipswich	teamipswich	2
1:24.25	276		06/12/08	Deben Open Meet	Deben	teamipswich	4
1:33.66	201		22/06/08	Suffolk County Develop Ch	ipswich	teamipswich	3

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