

Individual Best Times (All Time)

Zahra Benamara - (422207) - City of Linc Pentaqua SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:16.49	390	H	04/10/15	CLP Club Championships 2015	Lincoln		4
5:25.96	357	H	05/10/14	City of Lincoln Pentaqua Club Championships	Lincoln		4
5:36.59	324	H	13/10/13	City of Lincoln Pentaqua Club Championships	Lincoln	Co Lincoln P	4

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