

Individual Best Times (All Time)

Sadie Spencer - (419713) - Carnforth & Dist Otters - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|-----------|-----------------|-------|
| 33.00 | 447 | H | 01/10/16 | North Lancs L2 Age Groups & Champs | Blackpool | Carnforth | 2 |
| 33.32 | 435 | H | 30/04/16 | Blackpool Rocks 2016 | Blackpool | Carnforth | 3 |
| 33.95 | 411 | H | 01/11/15 | Blackpool 'Lights' Level 3 Development Meet | Blackpool | | 3 |
| 34.54 | 390 | F | 03/10/15 | North Lancashire Level 2 Meet | Blackpool | | 2 |
| 34.56 | 389 | H | 03/10/15 | North Lancashire Level 2 Meet | Blackpool | | 2 |
| 35.66 | 355 | H | 17/07/16 | City of Salford Summer Spectacular | Salford | Carnforth | 3 |
| 35.95 | 346 | H | 11/01/15 | North Lancashire Age Groups & Youth Championships | Blackpool | | 2 |
| 39.12 | 268 | H | 01/02/14 | North Lancashire Age Groups, Youth & Champs | Blackpool | Carnforth | 3 |
| 40.59 | 240 | H | 03/02/13 | North Lancashire AG & Youth Champs | Blackpool | Carnforth | 3 |
| 42.35 | 211 | H | 05/02/12 | North Lancashire Age Groups & Youth Meet | Blackpool | Carnforth | 3 |
| 42.59 | 208 | H | 16/07/11 | The City of Salford Summer Spectacular | Salford | Carnforth | 3 |
| 43.98 | 189 | H | 06/02/11 | North Lancashire Age Group & Youth Champs | Blackpool | Carnforth | 3 |
| 46.73 | 157 | H | 17/07/10 | Salford Spectacular | Salford | Carnforth | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|-----------|-----------------|-------|
| 33.00 | 447 | H | 01/10/16 | North Lancs L2 Age Groups & Champs | Blackpool | Carnforth | 2 |
| 35.66 | 355 | H | 17/07/16 | City of Salford Summer Spectacular | Salford | Carnforth | 3 |
| 33.32 | 435 | H | 30/04/16 | Blackpool Rocks 2016 | Blackpool | Carnforth | 3 |
| 33.95 | 411 | H | 01/11/15 | Blackpool 'Lights' Level 3 Development Meet | Blackpool | | 3 |
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| 34.56 | 389 | H | 03/10/15 | North Lancashire Level 2 Meet | Blackpool | | 2 |
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|-------|-----|---|----------|---|-----------|-----------|---|
| 42.59 | 208 | H | 16/07/11 | The City of Salford Summer Spectacular | Salford | Carnforth | 3 |
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